

# News & Views

THE COMMUNITY NEWSLETTER FOR PAPWORTH EVERARD



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Control the Virus  
Save Lives**

SEPTEMBER 2020

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ISSUE NO 09-20



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## On Your Door Step - Photos from Papworth Residents



Rainbow - Duncan Shipp

## BIN COLLECTION DATES


Thu 10 Sep 2020	✓		
Wed 16 Sep 2020		✓	✓
Wed 23 Sep 2020	✓		
Thu 1 Oct 2020		✓	✓
Wed 7 Oct 2020	✓		
Wed 14 Oct 2020		✓	✓
Wed 21 Oct 2020	✓		

*Please Note: dates highlighted in light red denote different collection day*

## CONTACT DETAILS NEWS & VIEWS

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 News & Views - Papworth Everard

**Editorial deadline for next edition is 23rd September**

Cover Picture "Kestrel - Female Hunting" taken by the Editors



# Nature Diary

## September

by Holly Blue

“Season of Mists and Mellow Fruitfulness”

*John Keats*

There are lots to look for in the hedgerows this month. Blackberries and Rose hips, Hawthorn Berries and Sloes. Home made Sloe Gin is one of our all time favourites. There is an abundance of Crab Apple trees in many spots Papworth, Crab apple Jelly anyone.



Late summer butterflies such as the Red Admiral can be spotted on the Blackberries and they love rotting apples. I have spotted a Hare out on the stubble fields, running fast looking for cover. It

probably spent the summer hidden in the crops.

A Red Kite seems to be a frequent visitor again soaring over the fields .

Jays can be spotted this month gathering Acorns to store for eating during the winter.



Despite being very brightly coloured they are not very often seen, but more frequently heard. They have a very loud screeching call. The scientific name for a Jay is “Garrulus

Glandarius”, which roughly translated means “Chattering Acorn Gatherer”, very appropriate.

Migrant Hawkers are one of the later dragonflies to emerge as adults in the summer. They like to breed in pools of

standing water and adults can be seen flying in gardens, woodlands and along hedgerows sometimes as late as November.

As a group, Hawkers are the largest and fastest flying of



the Dragonflies. They catch their insect prey mid air, and can also hover and fly backwards!

Around and near the allotments and the nearby over flow ponds there is a very good crop of Teasel and Thistle heads, probably not very popular with the allotmenters. If you stand and watch you will see a charm of over 30+ Goldfinches feeding and every so often they take to the air calling as they take flight and circle round to feed on another batch.

Goldfinches have long thin beaks which gives them exclusive access to the seeds of the Teasel and Thistle. However, only Male Goldfinches can exploit the Teasel heads, females have shorter beaks and have to make do with the seed heads of groundsel, ragwort or dandelions.

If you have a garden pond you may hopefully had Newts breeding and living in it this year.

We have three species of newt in this country great Crested Newt, Smooth Newt and Palmate Newt. All a bit tricky to tell apart so a good spotting guide is useful. By all accounts we seem to have a good population of all three in Papworth.



The metamorphosis of this years brood from tadpole to newt will be completed by the end of September. The young adults leave the water for winter hibernation hiding underground in

tree roots or old walls, emerging occasionally in warmer weather to feed. So make note to build a small garden pond if you can, its the best way to attract wildlife to the garden. September, apparently is Spider mating season, which is why we see them in our houses. The spider running across the carpet is commonly the House Spider and is probably a male spider following the scent trail of a breeding female. They follow the same route every night and if they stop it is not because they have spotted you its because they are out of breath! It is supposed to be good luck if you see a spider in the house “If you want to live and thrive, let the spider run alive.” and extremely bad luck will be yours if you kill it. It has not been proven, or disproved, that if you put Conkers in the corners of your rooms they will keep spiders out. You could always give it a go if you do not like spiders.

Some Fungi are starting to appear and one of the first is the Puffball. It loves nutrient rich soil and areas near stinging nettles and can be seen in Papworth woods. They start off brilliant white and then turn brown before splitting open and “puffing” out the spores.

Try not to be too tidy in the garden, as leaving seed heads if you can is a natural way to attract a variety of birds and wildlife. Now is the time the birds such as the Blue Tits, Great Tits, Long Tailed Tits and Robins start heading back to the bird table and feeders. If you go onto the RSPB website they have an excellent guide to feeding birds in the garden. Good Luck with your wildlife watching.

# Varrier Jones Social Club

What can I say but another month gone by and still we are needing to be careful. Hope you are all keeping well and in touch with family and friends. Remember, if you need a chat, you can always contact one of the Committee Members, we would be pleased to hear from you. We had a chat with Bill and Marie Starkey recently, both in isolation the same as many of us, but doing ok. They asked us to pass on their best wishes to you all.

Now, what can I bore you with this month? Our only outings have been to the Dentist twice, at last Eddie has got his broken tooth repaired so now can smile again!! The other outing was to the surgery Nurse for a check-up. How exciting is that? Please if anyone has any information/stories they would like to share with the Club please get in touch with us – 01480 830338.

I am sure you are all anxious to know about the gardening. I am pleased to report that although the beans have been a great disappointment, we did manage a couple of dinners, I am assured that this has been a general complaint this year as the weather was too hot for them. They are still looking green with lots of flowers and tiny little beans so we are optimistic for a few more maybe. The tomatoes are now coming, I have counted 32, and we are anxiously waiting for them to turn red, although the weather certainly has not been helpful now with all this cloud and heavy rain. But, we managed to get some new potatoes and as Eddie said, we got more out than we put in so that was a bonus. No doubt the Allotment holders which be getting a laugh at our efforts, but laughing is good.

The Committee Members send their best wishes to all our Members – Take care and stay safe until we can meet again, don't know when but do know where – The Studio, Pendrill Court.

So, remember to make a note that when we are all "free" again why not come and join us? Make some new friends or catch up with some old ones for an afternoon of entertainment and chat. Meetings are held on the first Friday of each month. Start time is 1.30pm in The Studio, Pendrill Court. Admission is £3 for Members, £4 for Visitors. The Annual Membership is only £5. Where else could you get anything like this for the price?



## theWI Papworth Everard INSPIRING WOMEN Womens Institute

### KEEPING IN TOUCH THROUGH JULY/ AUGUST 2020

Hello Everyone

Despite the lockdown easing somewhat, Papworth Everard are keeping safe and no monthly meetings are currently taking place.



We continue however to hold our monthly Zoom Committee Meetings and at our last meeting decided to arrange a 'Picnic in the Park' afternoon for those who wished to join in.

This took place on the green in

Papworth Park on Sunday afternoon August 23rd. Many members were delighted at the thought of having the opportunity to meet and chat with each other again after such a long period of time, especially those members who have been unable to socialise at all during the last 3-4 months and for those who live alone.

Our choir continues to hold Zoom practice meetings weekly and we continue to keep in touch with each other with regular phone calls etc. Many members have become very 'crafty' during lockdown and here are a few of the beautiful embroidery and knitted items made by one of our members Joan, and also a couple of wonderful paintings by members Gill and Ann. It's never too late to learn something new!!!

The highlight for members in August was a Picnic in the Park on Sunday afternoon. Over 20 members turned out with their chairs and picnic – safe distanced of course - to enjoy a great afternoon of chatting and catching up with each other after such a long period of time. This was the first gathering of the WI members since lockdown – the weather was bright and sunny and the rain only kicked in as we were leaving. We are hoping to arrange another similar event in September before the weather becomes too cold.

Take care and keep safe and very best wishes to you all from PEWI



## PAPWORTH CRAFT GROUP

MEETINGS EVERY FIRST AND THIRD SATURDAYS OF THE MONTH

**10:30 - 12:30 at PAPWORTH LIBRARY**

### NO MEETINGS UNTIL FURTHER NOTICE

It seems an age since the Papworth Craft Group met at the end of March, and we certainly did not imagine back then that by the beginning of September there would remain little hope of gathering again before the autumn. Libraries are gradually opening their doors, but there are restrictions. Books can be returned, reserved books can be collected, there is no browsing of books but there is a select and collect service - and no events!!

As a regular twice-monthly fixture, the Papworth Craft Group has not had a break over the years since it began with just one meeting a month. Someone suggested that one meeting a month seemed that the interval between each session was rather long, so everyone agreed that the first and the third Saturdays of the month should replace the old schedule. After consulting with the library staff, it was agreed that the group could meet twice a month at the Papworth library. The extra meeting every month has proved to be very popular, and there are occasions when we are at capacity and almost run out of table space and chairs! So this enforced interruption to the group's meetings has made the monthly meetings seem generous by comparison. As with the rest of the nation, all that can be done is sit tight and earnestly hope that life can return to one as close as possible to the pre-lockdown daily round.

DO YOU ENJOY CRAFTING? WOULD YOU LIKE TO SPEND TWO HOURS WITH LIKE MINDED PEOPLE? Even though there are no meetings at present due to COVID-19 restrictions, the time WILL come when the normal schedule will resume. We would love to welcome NEW MEMBERS,

ALL WELCOME IRRESPECTIVE OF AGE OR GENDER - so have a think about joining. The group is very friendly, and there is lots of chatter and laughter. There is plenty of help to hand if you would like to learn to knit, crochet, cross stitch, embroider, or sew patchwork.

### ADVANCE REQUEST FOR SPARE YARN

For about eighteen months prior to lockdown, we asked for donations of spare yarn to make into squares for charity blankets. The response was amazing. There was also a call for squares, and we received a very generous supply. If you have a spare moment to make up a few squares, once the group can meet again they can be brought along to any of the meetings in the library. Squares should measure 8 x 8 inches or 20 cm x 20 cm, (with all the ends sewn in please).

The squares can be knitted in plain garter stitch or crocheted. The blankets will be passed to the charity 'People Not Borders', and will be distributed to refugees here and in Europe. They were absolutely delighted with the pile of blankets that were donated prior to lockdown. (Check out their website [peoplenotborders.org](http://peoplenotborders.org)).

Crafting is very good for the soul, and for mental health. Working with one's hands and creating something is very grounding.

Over the recent months of lockdown many people have turned to crafting, and gardening too, discovering that these activities ease anxiety and stress. Introduce your children to crafting - or gardening - as an alternative to spending hours at a time looking at a screen. When meetings resume, try a session with the Papworth Craft Group, and bring your children or young adults along. New members are always welcome, and perhaps some of the readers of News and Views, who have resumed a crafting hobby during lockdown, will feel that the time is right to share their craft with the rest of us. Oh! By the way, we are still waiting for a male to join our group.

Have a happy and safe September!

## Food Waste Challenge with Cambridge Sustainable Food & South Cambridge City Council



Did you know the average household in South Cambridgeshire throws away around 2kg of food waste each week that could be avoided? This is food that could be eaten if used up in time. It's effectively throwing money in the bin! The cost of edible food wasted across the UK is equivalent to around £700 a year for an average family with children.

At a global level, food waste is a major contributor to climate

change. The greenhouse gasses produced by food waste account for around a fifth of our individual carbon footprints – so small actions and changes at home can make a big difference to our impact on the planet and our legacy to the future.

South Cambridgeshire District Council and Cambridge Sustainable Food are teaming up to challenge us all to shrink our food waste.

It's a win-win - reduce your carbon footprint and save yourself money!

Take on the Food Waste Challenge!

The Food Waste Challenge launches on Monday 26th October. How does it work? Participants will weigh their kitchen food waste over 3 days (you can request a green waste caddy if needed).

Over the following 4 weeks there will be free online cookery demos from top local chefs, with their favourite recipes and tips for reducing waste. A chance to join a cook-a-long with celebrated chef and food writer Rosie Sykes [14th November] or watch demos by Nick from Jack's Gelato, Liz Young of The Modern Table and Alex Collis, chef and food poverty campaigner; or choose from more talks, storytelling, and other fun activities to support you in reducing your food waste.

In the final week we ask participants to weigh their kitchen waste again to calculate their carbon emissions saving.

Cambridge Sustainable Food will support you with regular emails and links to events as well as forms to help in weighing your kitchen food waste. Their website will be updated with news of the campaign throughout October [www.cambridgesustainablefood.org](http://www.cambridgesustainablefood.org).

For more information please email [bea@cambridgesustainablefood.org](mailto:bea@cambridgesustainablefood.org)

# Church Notices

## St Peter's Church Services

6th September - 10am Team Service on ZOOM

13th September - 10.30am Holy Communion Service at church

20th September - 10.30am Harvest Family Service at church

27th September - 10.30am Holy Communion Service at church

4th October - 10am Team Service on ZOOM

Details and link to our ZOOM services can be found on the team web site:  
[www.papworthteamchurches.org](http://www.papworthteamchurches.org).

For our Harvest Family Service on 20th September we would welcome your gifts in money to support the Godmanchester Food Bank.

## Roman Catholic Mass

(Latin Rite)

### No Services Until Further Notice



### Nigel di Castiglione Team Rector

### Changing Seasons

The past few months have been extremely tough on many people. One example is the person needing to come to terms with a severe change in her health – loss of mobility, permanent pain, inability to go shopping, do housework or gardening to the same standard, now sleeping downstairs, giving up her car as a means of getting round her locality. She has been thrust into a new season and doesn't like it!

"Don't grow old!" is her most frequent comment. It's just not possible, unless tragedy strikes, and someone's life is cut short when far too young.

The old sage, Solomon, wrote 'There is a time for everything ...' (See Ecclesiastes chapter 3). Wise people know how to navigate the changing seasons with grace, joy and a lightness of touch. I am thinking of a friend who has just bought an electric scooter so that he can carry on playing golf because his legs can't cope with walking for 18 holes any longer – he had found a solution: friendships so important can be maintained and he can focus all his strength on hitting the ball rather than trying to get round the golf course.

Jesus never grew old, but he did finish the job he came among us to do; and, of course, his untimely death was overtaken by his triumphant resurrection.

The past few months have given all of us the opportunity to take stock of what really matters; and embrace a new season in terms of how society functions in the light of a deadly pandemic.

The church has responded by re-inventing the means of gathering, having fellowship and offering worship to God. It is not the same, but just as real and, at the very least, may make us appreciate afresh the sacred spaces we have in our church buildings as we start to use them again. We are discovering we need to know God, we need one another and we need to play our part in supporting the most vulnerable in our communities; and if we have buildings which support those things we are greatly blessed!

Please think of joining us this Autumn. You can find details for both St Peter's and other local churches on our Team website:

[www.papworthteamchurches.org](http://www.papworthteamchurches.org)

Our aim is to be the church for the village not just a church in the village!



## Hilton Methodist Church

I would normally have sent my details of the forthcoming services at Hilton Methodist Church to be printed, but due to the Coronavirus crisis the chapel will be closed and there won't be any formal services for the time being.

For this reason, our circuit is providing worship materials for people to use in their own homes and details of live-streamed services via the website:

[www.snahmc.org.uk](http://www.snahmc.org.uk).

There is also a Facebook page [www.facebook.com/stivesmeths/](http://www.facebook.com/stivesmeths/) where our minister, Rev Nick Witham, has posted a video with a children's story amongst other things. He is planning to add more children's stories in due course.

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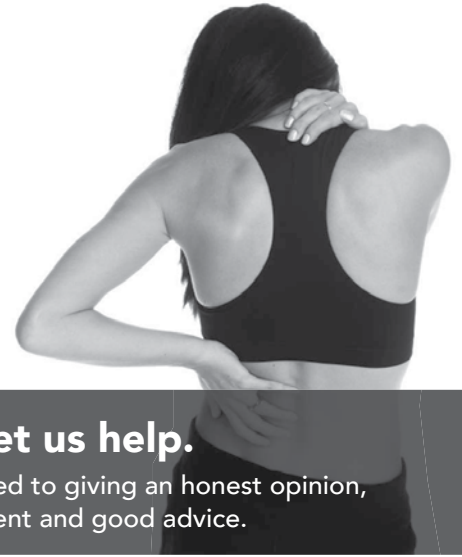
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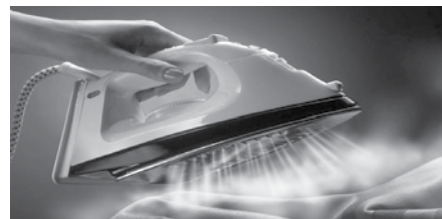
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**Flu jab**  
Protect yourself,  
your family and  
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## Papworth Surgery Flu Vaccination Notice

So, as 2020 starts drawing to a close (thank goodness some might say!), our attention once again turns to FLU JABS!

For most healthy people, influenza is an unpleasant but usually self-limiting disease, but for those in high risk categories.... older people (aged 65 and over on 31 March 2021), pregnant women and those with underlying disease, there is a risk of severe illness if they catch it.

As in previous years our attention must focus on people in the people in the above categories first.

**\*\*Vaccination is the most effective way to prevent influenza\*\***

If you think you fall into one of the categories above, please contact the surgery for an appointment. We can also vaccinate your child if they are aged 2, 3, (i.e born on or after 1 September 2016 and on or before 31st August 2018)

If your 4 year old is already at school they will be vaccinated there with the older children.

If you're not sure whether or not you are entitled to a flu jab, just contact one of our nurses at the surgery to check.

Papworth Surgery is holding three Flu Clinics on the following dates: Wednesday 14th October at Papworth Village Hall, Saturday 24th October and Saturday 14th November at the surgery. These clinics will be available to book from the beginning of September. We will be making plans to ensure social distancing is adhered to strictly, and please arrive wearing a face covering. You should not attend the clinic if you are exhibiting signs of Coronavirus, which are a high temperature, a new continuous cough or a loss or change to your sense of smell or taste.

We will also have Flu Clinics available during the week, just ask at reception.

## CORONAVIRUS

In light of the Coronavirus pandemic, the Government are expecting increased demand for flu vaccine across all cohorts and are expanding the flu programme accordingly.

Details of the expanded scheme are not available at the time of going to press, but are likely to include households on the NHS Shielded Patient List, children of school Year 7 age in secondary schools (those aged 11 on 21st August 2020), Health and Social Care workers, and during November and December it is hoped there will be sufficient vaccine supply to include the 50-64 age group. Our receptionists will not be able to book people in the above categories until we receive further guidance and delivery dates of additional vaccine.

## Shingles

A vaccine to prevent shingles, a common painful skin disease may also be available on the NHS to people in their 70's. Please ask if you think you may be eligible and if you would like this at the same time as the flu jab.

## Pneumococcal disease

The pneumococcal vaccine protects against serious and potentially fatal pneumococcal infections. You may be eligible for this vaccination at the same time as the flu jab if you are an adult aged 65 and over, or a child/adult with certain long-term health conditions.

Please ask if you would like this at the same time as your flu jab or need to find out if you are eligible.

If you have any questions regarding any of these vaccinations please contact the surgery or look at <https://www.nhs.uk/conditions/flu/> for more information

**Are you eligible for a free NHS flu vaccination?**

Flu can be more dangerous if you are over 65, have an existing health problem, are pregnant, a carer, or children under 4.

Don't put it off. Get your flu vaccination straight away. Ask at your GP Practice.

**STAY WELL THIS WINTER**



### OPENING HOURS

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