

News & Views

THE COMMUNITY NEWSLETTER FOR PAPWORTH EVERARD



APRIL 2021

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NEWS & VIEWS

Janet/Peter Dobson
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PAPWORTH COMMUNITY GROUP
www.papworthcommunity.co.uk
papworthcommunityweb@gmail.com
07469 876467

Latest News and Reports from P



Appointment system

We've been aware that there is an unusual pressure on appointments, making life very difficult for both patients and receptionists. A year ago, with the advent of the pandemic, we changed all appointments to be on-the-day only, and made all contacts to be telephone in the first instance. A year on, that isn't working so well: often patients are told to ring at 0830 or 12 noon for an appointment that morning/afternoon, and by 0845 /1215 the session's appointments are gone. That leads to frustration and irritation all round.

So, we've had a discussion and agreed the following:

- We'll go back to half the appointments being bookable in advance, and the remainder on-the-day.
- We'll continue to use a telephone-first system, rather than having a number of appointments as bookable face-to-face by a patient (we felt that doctors are best to decide who needs a face-to-face appointment).
- We recommend a maximum of no more than 5 follow-up patients in advance for any one morning or afternoon GP session. Often GPs will book these in themselves; with some advance booking to happen from now, it's important that we don't use all the appointments in a session before the session starts, so that the receptionists have somewhere to put folk who need same-day appointments, and for patients to be able to book new appointments in advance.
- We have reopened some internet booking of appointments.
- Where possible, we will send texts to patients about results/ letters/ suggestions, rather than using an appointment. Please do ensure you let us have your mobile number, and keep us updated of any changes.

I have also had a look at whether we are offering sufficient appointments. Of course, it's a bit difficult as traditionally we primarily saw patients face-to-face, and there was

BIN COLLECTION DATES

Bin Dates	Black Bin	Blue Bin	Green Bin
Sat 10 Apr 2021	✓		
Fri 16 Apr 2021		✓	✓
Thu 22 Apr 2021	✓		
Thu 29 Apr 2021		✓	✓
Fri 7 May 2021	✓		
Thu 13 May 2021		✓	✓

Please Note: dates highlighted in light red denote different collection day

CONTACT DETAILS NEWS & VIEWS

www.newsandviewspapworth.co.uk - janetpendrill@gmail.com

News & Views - Papworth Everard

Editorial deadline for next edition is 25th April
Cover Picture "Spring Lamb" taken by the Editors

Papworth Surgery

a moderate amount on the phone; in addition we used to do a lot of visits in the more distant past. That's all changed; in addition to working mainly by telephone, we are texting patients a lot these days; whilst a text is not the same as a consultation, it's not zero work either.

This is what I have found:

	Long term average (last 5y)	Annualised average for 3m to 28.2.21
Consultation Rate per patient per year:		
Surgery contacts (all drs and nurses)	4.9	3.0
Texts/patient	0	0.8
Telephone consults per patient per year	0.9	2.8
Total contacts/patient per year	5.8	6.6
All Consults (counts nurses, HCA, physio, pharmacist, etc) / per whole time equivalent (WTE) GP	10,000	11,700
All Consults/ WTE GP with texts counted		13,300
These numbers below specifically refer to GPs contacts:		
Dr surgery consults/ patient/ year	2.7	0.9
Dr visits / patient/ year	0.1	0.02
Dr telephone calls /patient/ year	0.8	2.25
Total Dr Consults/ patient/ year	3.6	3.16

So, if we annualise up the last 3 months:

The average patient has 3 Surgery face-to-face consultations each year, of which only one is with a GP

The average patient has 2.8 phone calls a year, of which 2.25 are with a GP

The average patient used to have a visit once in 10 years; that has dropped to once in 50 years

The average patient used to have 5.8 contacts per year with the doctors and nurses at the surgery; if we don't count texts, that's unchanged in the last 3 months. If we count texts, that's increased to 6.6 contacts per year.

Increasingly, other professionals are seeing patients as well as GPs; but the GPs are responsible for supervising the operation. In my busiest year as a GP, there were 6,000 patient contacts that I undertook personally: I saw 5,000 patients in the surgery, did

640 home visits and made 400 phone calls (2001). And yet, now as a full time GP there are on average 10,000 patients contacts that a Full Time GP is nominally responsible for; that's increased to 11,700 in 2021 (or 13,300 if you add in SMS texts). So as GPs we are undertaking only 50% of the patient contacts, but of course remain responsible for the other 50% too.

As an aside, it's important to acknowledge that a lot of what we as GPs do is to manage care suggested by hospital doctors, dietitians, physios, etc; whether that be an onward referral, some blood tests, or supervising treatment, and this all takes considerable time.

Of course there is no such thing as an "average patient" (!) but the numbers do let us know how many appointments we need to be planning.

What's the short answer to whether we are offering sufficient consultations?

The total number of GP contacts per patient has dropped from 3.6 per patient per year to 3.16, a 12% reduction. But, increasingly, the job is not about how many patient contacts the GP has, but the overall picture. I would say that for a service that is free at the point of delivery and potentially open-ended, patients are getting as good a deal as they ever did. However there is an expanding team in General Practice; these include nurses, health-care assistants, the midwife, physios, pharmacists, and soon also a mental health practitioner and paramedic; and it is increasingly normal to ask to see one of these other professionals, rather than the GP, for many health needs.

Covid vaccinations

We have been getting on well with Covid vaccinations, will complete groups 1 to 9 (everybody aged 50 and above, and those aged 16-49 with underlying health conditions) by Easter, or soon after. Second doses will generally be offered 11 weeks after the first dose was given, and so should start over the Easter weekend for those who received their first doses in January. The vaccinations will continue to be provided at Charles Hicks Surgery in Huntingdon; at present there are no plans to deliver vaccinations at Papworth, except for the housebound.

Those aged 18- 50 will mostly be done by the specially arranged vaccination centres, and local pharmacies who are also about to start vaccinating. Letters will be sent by the central NHS team to these patients.



Spring 2021 David Potter

Spring has returned,
The primrose and the daffodil,
The blackbird's song,
When everything has felt so ill.

Buds breaking forth,
Fresh green and blossom on the trees.
Nature revived,
Though lockdown brought us to our knees.

Bleak times give way
To April showers of gentler grace,
And quiet prayers,
For those in covid's harsh embrace.

Earth is renewed,
The season's engine now restored
To turn and warm,
The cruel chill year we have endured.





New Shop Opening



The new Co-op plans to be opened on the 21st May.

A full breakdown of the services on offer and hopefully a store layout will be provided in next month News & Views. In the meantime, we can confirm that the redesigned shop plans to have the following services:

- Longer opening hours – 7am – 10pm (Everyday)
- Post office counter – nearly all the services will be maintained, with many available during full shop hours.
- Free Cash Machine – in store
- Paypoint services
- Newsagents
- Lottery
- In store Bakery
- Fresh Meat
- Fresh Fruit & Veg
- Large Fresh & Frozen meal selection
- Food to go lunchtime solutions.
- Costa Coffee Machine
- Self Service Tills

We realise that whilst the shop is closed for re-fitting there will be people who struggle to get their usual shopping.

The staff at the store have worked hard to talk to their regular customers, to make sure they that they have a way to get their shopping during this period. It has also been great to see so many people on social media offering their support with shopping.

If anybody is struggling to get their shopping during the next few weeks, please contact the Papworth Community Group and we will put you in touch with a volunteer who is willing to help.

We look forward to welcoming the Co-op to the village and working with it to support the people of Papworth.

You can contact us on: 07469 876467 or at papworthcommunityweb@gmail.com

Happy Retirement Dilip & Kanta and Thank You



Photo supplied by Tracy Semour

Dilip and Kanta moved to the village with their young family 26 years ago and took over the old shop, now demolished and a disused car park.

When they took over in June 1994 it was virtually empty and the village was in need of a "good local shop". We can remember the hours they spent stocking the shelves and bringing it up to scratch. They seemed to be always open and always working hard, and always welcoming to everyone.

In 2004 they had the opportunity to move to the new premises in Pendrill Court. Again starting from scratch this time with just a shell, albeit a new shell. Once again hard work and perseverance paid off.

It is only fair to say, taking into consideration all the challenges that face small local shop keepers and the immense challenges they and their staff have had to contend with this last year, which no-one could have predicted, Dilip and Kanta have managed to create a fantastic thriving shop and post office serving our community.

On behalf of the community of Papworth Everard and surrounding villages we say "Thank You".

So, enjoy your retirement, you have both worked extremely hard over over the last 26 years. You deserve it and you can now spend time with your family and friends.



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PAPWORTH EVERARD PARISH COUNCIL REPORT

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E-mail: clerk@papwortheverardpc.org.uk

OVERHANGING HEDGES & TREES

Cambridgeshire County Council's Highways Department have asked us to remind householders that hedges and trees should not be allowed to encroach onto the public highway.

As we move into spring, vegetation is growing rapidly and can very quickly cause problems for pedestrians when it starts to encroach the public footpaths. This is particularly an issue for wheelchair users and parents with children in prams and buggies when twigs and brambles can be at face height and easily cause scratches.

The owner or occupier of a property has a legal responsibility (Highways Act 1980 s154) to ensure that the 'public highway' adjacent to a property is not obstructed by vegetation from their property. The public highway is defined by law as consisting of any verge, footway, bridleway or footpath that is maintained at public expense and over which the public has right of way.

The RSPB recommend checking carefully for active bird nests prior to cutting and to avoid major hedge cutting during the main breeding season for nesting birds, which usually runs from March to August each year. This can be weather dependent, and some birds may nest outside this period, so it is important to check first. Birds often nest in hedges because of the safety it affords their eggs and chicks from predators, so before you start cutting or pruning your hedge, check it thoroughly to see if there is any sign of nesting activity. If there is not, it is fine to continue.

Nesting birds in hedges are also protected by the Wildlife & Countryside Act 1981. Whilst a wild bird is building or using its nest, any damage or destruction it might suffer is an offence under this act.

If there are nesting birds you will have to stop and postpone trimming until after August. This ensures you do not disturb the wildlife.

Local Authorities have a legal duty to ensure that public highways are unobstructed, so they inspect roads regularly and follow-up on complaints received from members of the public.

When Local Authorities become aware of such obstructions, they can issue a formal notice for the work to be undertaken, which, if ignored will result in the Local Authority undertaking the work and charging their costs back to the owner/occupier.

Issues such as overhanging hedges, bushes and trees or any other highways matters such as potholes, street signs, damage to street furniture and obstructions or debris and mud on the road can be reported online via the Cambridgeshire County Council Highways Department reporting tool <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults>

ANNUAL PARISH MEETING

The Parish Council will be holding its Annual Parish Meeting on Wednesday 5 May 2021 at 7.30pm. The meeting is open to all residents of the Village and is a chance to hear what the Parish Council has been up to over the last year and for electors to ask questions or have their say on anything which they consider important to the people of the parish.

This year, due to the current Covid situation, the meeting will be held remotely via ZOOM video conference. There will also be the

option to dial-in by phone for residents who do not have access to the internet.

More details will be published on the Parish Council's notice board and website nearer the event.

We hope to see you there !

PADDLING POOL

ATTENDANTS REQUIRED – SUMMER HOLIDAYS

The Parish Council is planning to open the paddling pool again this summer – provided the lockdown restrictions are lifted and it is permitted and safe to do so.

The paddling pool is a great asset to the village and well used each year by children from the village and from further afield. But, we need helpers to keep it running - without people to look after the pool, we are unable to open it up for the summer. It takes a great deal of work to maintain the pool so it is safe and clean to use.

We are hoping to employ 2 or 3 people (Age 18+) to share cover of approximately 5-6 hours spread out over the day from early morning until early evening, 7 days a week, from mid-July until mid-September. The pool attendant is a paid position, and all necessary training will be provided.

If you are interested and willing to commit to helping over the Summer period, please register your interest with the Parish Clerk by email clerk@papwortheverardpc.org.uk

COULD YOU BE A PARISH COUNCILLOR ?

The Parish Council currently has 11 Councillors but still has vacancies 2 more to bring us up to the full complement of 13.

It doesn't matter if you're new to the village or have lived here your whole life - if you have a real interest in the village and want to get more involved why not call for a chat and see if it's for you?

We're looking for people who can rise to the challenge and make a commitment to improving the quality of life for everybody in our village, no matter what your age or experience.

Knowledge and previous experience aren't essential, training is available and existing members have a wealth of experience they are willing to share. The essential element is enthusiasm and a willingness to work as a member of our team to make a difference to our village.

We hold 11 Parish Council meetings per year and in addition you will be required to become a member of one or more of our sub-committees (Amenities and Playing Fields, Village Hall, Planning) and will be able to get involved in working groups looking at specific projects if you wish.

There is more information about what the Parish Council does and eligibility criteria for becoming a Councillor on the PC's website www.papwortheverardpc.org.uk

If you think you have what it takes to make a difference, have any questions, or would like an informal discussion with the Clerk or an existing Councillor about what the role entails, we would love to hear from you !

Please email the Clerk, Sarah Cruse for further information clerk@papwortheverardpc.org.uk

Church Notices

St Peter's Church Services

There will be services at St Peter's church on the following Sundays

Sunday 4th April - Easter Day - 10.30am Holy Communion

Sunday 11th April - 10am Team Zoom Service

Sunday 18th April - 10.30am Morning Prayer

Sunday 25th April - 10.30am Holy Communion

The church is open on Wednesdays and Sundays for individual prayer

Details of Zoom services and other church events on the
Papworth team website.

Roman Catholic Mass

(Latin Rite)

Every Saturday at 5.00 pm

Please consult our parish website for other times and more information

www.stmichaelrc.org



Nigel di Castiglione . . . Team Rector

Making a difference

I have had my first jab and the second dose is booked for the middle of May. Whilst we applaud the speed of the roll-out, I know families where the opportunity to be vaccinated came too late for one or more of their relatives; I have listened to others who are fearful, still mulling over whether they should take up the offer or not.

I cannot recall a time in my lifespan when there appears to have been so much divergence and fragmentation on important and often basic issues. In my view it is good to see people who have felt themselves to be without a voice speaking out. A challenge we face as a nation and in this season is learning again how we can disagree without descending into disagreeable attitudes and behaviour towards those who don't see things the way we do.

The accounts of Jesus' trials, torture and terrible death are full of 'fake news' and dreadful behaviour. There is nothing new under the sun, said a wise sage! The hope Christians nurture is founded on knowing God was working through these events, not defeated by the machinations of human behaviour and, therefore, can help us to navigate a way through these times with integrity.

Nevertheless, the awful events of Good Friday followed by the joy of Easter Day were not in isolation. They were the high-water mark, so-to-speak, of his public impact, which very few recognised; he had spent 3 years turning darkness to light, sorrow to joy and defeat to victory. It is evident in his great and high-profile miracles – such as the Feeding of the 5,000; also in one-to-one encounters when sick people were healed, dead people restored to life, as well as lonely and sometimes despised individuals helped to rebuild their lives and relationships.

When his time on earth was over Jesus left a small group of people who had been captivated by their time with him, whose lives were forever changed. Meeting Jesus was their defining moment and after his resurrection they were able to turn their world upside down. Meanwhile many people thought they were misguided and wrong; but down the centuries, at their best, Christians have been at the forefront of much we applaud as change for the better.

We know COVID has changed some things forever. We still don't fully know what the 'new-normal' will look like – for ourselves and for generations to come. I believe Christians can have a major influence for good in such a time of change; as long as we don't expect everybody to get it or agree with us!

Jesus called his followers salt of the earth. It is a metaphor to do with influence, bringing flavour and offering protection – recognised for the good it brings when it is the forgotten ingredient rather than getting the limelight and glory the culture of today seems to value so much.



Hilton Methodist Church

The Methodist Church building at Hilton may be closed but the church is still open online.

For the time being, we are holding our services via Zoom every Sunday morning at 9:45am. The services last for about 30 minutes and anyone is welcome to join us. Why not join us on Zoom for one of our services? If you would like to join us for worship, you will need a Zoom app on your computer, phone or tablet. The ID number you will need in order to participate can be obtained from Sandy Monk on 830273.

There is also an online service at 10:30am, which is usually led by Rev Nick Witham. That can be accessed via the St Ives Methodist Church Facebook page. It lasts for about 50 minutes.

In addition, each week, there is a recorded service that can be accessed by phone at any time on 01480 597118



Dominoes: It's all about the discard pile.

You might think dominoes is a simple game of matching up your tiles with tiles which have the same number of dots already on the table. However, might there be more to it than meets the eye?

At the Day Centre we play the following rules: Each player (there are always four players) takes six tiles, leaving a discard pile of four tiles which are not used. Then the player with the highest double (though lower than the previous round) gets to start by laying it down. Play then continues until one player has put his last tile down and wins, or no-one can go in which case it is a draw.



It all seems straightforward, but heaven forbid any tiles are drawn to make up the discard pile before every player has drawn their own hand. Pauline does not think much of that! Is she somehow keeping track of the shuffled tiles on the table?

Or maybe Ken, (a keen bridge player) on the other table who likes to check the discard pile when we are looking for the eligible double. Is he performing secret calculations? Who knows? But dominoes is an easy game to play and along with knitting and cards is a very enjoyable way to start the day at the Day Centre.

The details of how the Day Centre runs under normal circumstances are below:

The cost is £13 per day including tea and coffee and a delicious two course meal cooked by our resident chef, Jane.

We would normally meet every Tuesday between 10am until 3pm in The Community Centre, The Close, Papworth Everard. The centre is fully wheelchair accessible. Transport is available in certain cases.

So, when we get the all clear we will contact all our clients and hope to see you all again then. If you are not already on our list and would like to give it a try then please get in touch in readiness for our return.

If you are a member of the Day Centre and would like a chat, or if you would like to find out more about the Day Centre, why not call the following?

Contact: Eddie on (01480) 830338
or Jenny on (01480) 492697 for
further details or to book your place.
Please ring for more information



No meetings for the time being

The Committee Members send their best wishes to you all – Take care and stay safe until we can meet again. Remember, if you need a chat, you can always contact one of the Committee Members, we would be pleased to hear from you.

So, make a note that when we are all “free” again to come and join us? Make some new friends or catch up with some old ones for an afternoon of entertainment and chat. Meetings are held on the first Friday of each month. Start time is 1.30pm in The Studio, Pendrill Court. Admission is £3 for Members, £4 for Visitors. The Annual Membership is only £5. Where else could you get anything like this for the price?

Varrier Jones Social Club



Another month gone by with nothing much changed, the Wordsearch book is finished and another one started!! The flowers in the garden are beginning to grow together with the weeds and grass. The sun is getting stronger and warmer so let's hope that we will all be able to get out and enjoy it soon.

Going down memory lane remember April 2019 – Fish and Chip lunch followed by afternoon entertainment provided by David Tomkins, Ventriloquist and Comedian. Never seen so many grown people with tears of laughter at the same time. Magic tricks and songs. One comedic Rat, three reluctant assistants (stooges from the audience) No. 1 couldn't cut the rope with her scissors; No. 2 couldn't hold her water!! And No. 3 well, couldn't even speak for herself. You had to be there to believe it and even then, how did he do it!! The act finished with a performance from “Elvis”. All in all, a very enjoyable afternoon as I said before, laughing til you cry what could be a better way to spend an afternoon.





News Update

It has been a busy month for Papworth Trust in and around the village, as well as across all of our services in the East of England – including

re-opening our centre-based offer for our Opportunities Without Limits customers in Ipswich, with more due to re-open soon, including here in Cambridgeshire.

Papworth Trust's Housing team have recently launched the Tenant Involvement survey, which we hope many of our customers will complete to enable us to continue to improve the support available for our tenants. For more information on the survey, please visit: papworthtrust.org.uk/tenant-involvement.

Our Time for Tenants video call is hosted on the last Wednesday of every month.

There is limited availability so please pre-book your 10-minute slot now by contacting Tracey Croucher by email on tenantengagement@papworthtrust.org.uk.



OPENING HOURS

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www.cambridgeshire.gov.uk/leisure/libraries

On Your Door Step - Photos from Papworth Residents



Taken by Sarah Fakes

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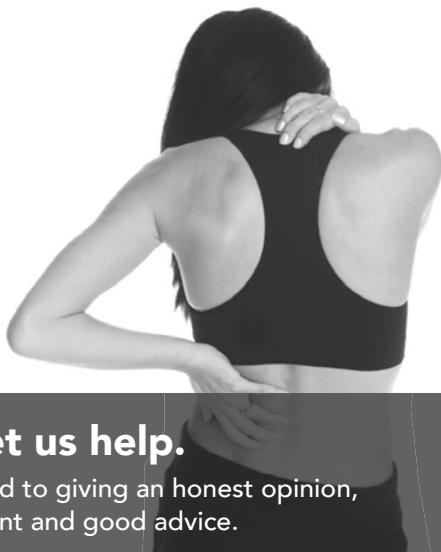
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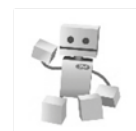
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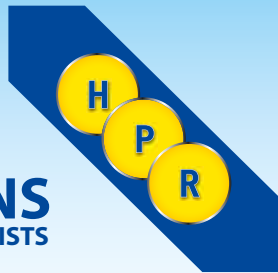
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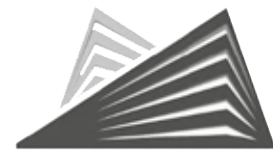
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Pendragon Primary School

We wanted this month to say a great big thank you to everyone who has helped the children of Pendragon Primary School stay safe and keep up with their learning, even through lockdown. With only a few hours' notice, we were open for critical worker children and 5 days later the teachers were delivering at least 2 live lessons every day, teaching the children in school. In addition staff were also supporting small groups and working with individuals. I am very lucky to have such an amazing team who have worked tirelessly to support the education and welfare of the children of Pendragon. To all parents at home who managed to get their children ready for online lessons and supported their work during the day- congratulations you did a great job.

In addition, during this whirlwind of a year, we have been blown away by the support from the community of Papworth.

In the first instance the Papworth Community Group have provided much needed supplies to families in need from the impact of lockdown, furlough and children being at home every day, nonstop eating. Their group of volunteers have been available at a moment's notice to support in whatever way they could. With lockdown ending, the group are still there to help and can be contacted at : <https://www.papworthcommunity.co.uk/>

The other crucial element of support was how members of the community supported us with electronic devices. From the Scouts, to members of the village we had never met, devices came flooding in very quickly. This meant that all students that had requested support with extra devices could access online lessons straight away once we were in lockdown in January.

In addition, we were lucky enough to receive support from Aveva once again, who donated computers through their Action for Good programme. These donations enabled our pupils to take part in all their live lessons and talk to their teachers and classmates daily. Our families were incredible and once again embraced home learning whilst having to meet their own work and personal commitments. We have always known what a positive community Papworth village was, but the support for all that we have witnessed during the pandemic has been heart-warming and moving.



The school grounds are awash with Spring colour. From blossom trees to spring flowers planted last year. As a school, we love using the Haven, our wildlife area at the bottom of school. It provides exciting outdoor experiences for the children and their learning. During recent months it has provided another safe

outdoor spaces-with plenty of ventilation. Sadly, we have recently found full dog poo bags and rubbish thrown over the fence into the area, the poo bags are currently hanging on the trees. The children were very upset to find them there. Please help keep our wildlife area safe and litter free. Thank you.



Pendragon Preschool

Since half term we have started to think about our transition to primary school for our older children. Unfortunately, we aren't able to go into the classrooms because of restrictions however we have been enjoying video stories and tours of the rooms with the class teachers.

The children have0 been spotting some beautiful daffodils on their walks so we used this opportunity to practice our descriptive words, colour mixing by dyeing them, and some still life paintings and drawings.

We enjoyed celebrating world book day together by dressing up in some fantastic costumes reading and listening to lots of our favourite books.

This half term we have largely been focusing on people who help us. While this year we aren't able to do our usual trips around the village to fire station etc or have visitors in to the setting, we have been watching lots of videos', reading lots of stories and role playing to support our learning.

We welcomed a new group to our forest school sessions- this group really enjoy imaginative play and have made up many games and stories. One of their favourites is about a dragon who lives there, they built him a home.

You can find more information and newsletters on our website. If you would like to find out more about enrolling your child with us for their preschool education, please contact us on: 01480 830267 Email: ppreschool@pendragon.cambs.sch.uk

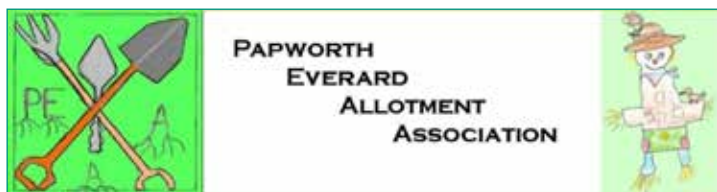


Rubbish left by the School

Photos taken of rubbish in the Haven and the hedgerow between preschool and the haven.



*Alison Marshall
Cubs Class Teacher
Pendragon Primary School*



At this time of year we start seeing the signs of spring peeping through, gardeners start ramping up for a new growing season, March is a good time to mulch your growing areas to suppress weeds germinating, early potatoes can be planted now. You can sow your long season plants like tomatoes, aubergine and caulis indoors to get them off to a good start. Carrots; parsnips, herbs and salad greens can be sown outside too.

For those that took on a plot later in the season last year, it might have been a struggle to get a crop or tend the soil, now is a good chance to get these things done before the ground dries out later in the season.

Although plot holders might not be able to meet in person for such things as the AGM this year, current and past plot holders can keep in touch on just search Facebook for the group 'PEAA Papworth Everard Allotment Association', please ensure you answer the questions if you would like to join.

Another innovation in the village is the very lovely Facebook group called 'Papworth Free Seed & Plant Swap' (thanks to Nichola!), for those of a green fingered nature it looks like it will be a great place to organise sharing (for free) the many spare seeds and seedlings we may germinate at the start of the growing season. Just take a photo or describe in the group whatever you have to swap or share.

All the best to gardeners and allotmenters alike and may this year be a kind season to all growers.

Kind regards Sophie (plot 3)

Alfie is Running a Half Marathon

Inspired by his Dad, Sam and his Auntie Polly, Alfie has decided to run a half marathon in memory of his little sister Molly.

Alfie will be running 1k every day starting on Wednesday 31st March finishing his half marathon on Tuesday 20th April, Molly's 2 year anniversary.



Molly was born with a very rare genetic abnormality, 4th known person in the world. She spent 101 days on the Neonatal Intensive Care Unit at Addenbrooke's before coming home for just 12 short days before passing away on 20th April 2019.

Alfie has decided to honour her 2 year anniversary by challenging himself and raising some money so NICU can continue to help other family's just like ours.

I'm sure most people reading this

have been cared for or know someone that has been cared for by Addenbrookes and their team so any donations for them will go a very long way.

See link <https://www.justgiving.com/fundraising/alfie-tomlinson>

by coming to one of the meetings just to chat and see whether it would suit. There is no requirement to come twice a month, or even once every few months. It is entirely your call. Consider joining with a friend, or even with your children We are a very friendly bunch, and there is a lot of chatter and laughter. There is a wealth of experience in the group, from knitting to crochet, cross stitch, patchwork and more, so there is every chance of learning something new, brushing up on a long unused skill, or simply seeking help because something is not turning out right. It is an opportunity to spend two hours, just for oneself. with fellow crafters.

YARN DONATION

A very kind and generous lady from St Ives has donated a huge amount of yarn! She saw the News & Views quite by chance and read about the request for yarn. Having no internet access, she contacted me through our editor, Janet Dobson. Although this lady had been wondering where she could donate the yarn, as it was taking up space in her house, it was amazing how she found about the request for yarn, and generously donated it all.

WOULD ANYONE LIKE TO KNIT SQUARES?

The stock of squares that we had this time last year for the charity blankets has been used up long since. Until now there was no more yarn left, but thanks to the recent donation, this is no longer a problem. If you would like some yarn to make some squares, please contact Rosalind Parnell by email at parnellrh@aol.com. If you are using your yarn, please go ahead! The squares should be 20 cm x 20 cm or 8 inches x 8 inches, knitted in garter stitch, with all the ends sewn in, please.

Easter is early this year, so this edition will not be available before then. Nonetheless, we can hope for balmy weather over the four-day Easter weekend.

Happy April! Stay well and Safe!

Apologies for no entry in the News & Views for March. The writer missed the deadline for submissions. Ooops!!

PAPWORTH CRAFT GROUP

**MEETINGS EVERY FIRST & THIRD SATURDAYS
OF THE MONTH**

PAPWORTH LIBRARY 10:30 - 12:30

(MEETINGS CURRENTLY SUSPENDED)

It is a year since the last meeting of the Papworth Craft Group that took place just before lockdown 1.0! That normal life has been on hold for so long would have been unimaginable pre the Covid-19 pandemic. Now spring is here again, and with the vaccination programme proceeding with such speed, there is the prospect that, by the end of June, Lockdown 3.0 will be over and something equating to normal life will resume. Hopefully, that will mean that meetings of the Papworth Craft Group can resume in July. What a lot of news there will be to catch up on! What about everyone's projects completed since March last year? A very impressive body work, no doubt, with everyone bursting to share them with the group. Hearts feel lighter with the lengthening of the days and projects reflecting the time of year tend to appear - knitwear for the spring, a lighter patchwork quilt for summer, speedy crochet projects in cotton and linen, cross stitch samplers for postponed weddings or new babies.....the list is endless.

WOULD YOU LIKE TO JOIN THE PAPWORTH CRAFT GROUP?

With the possible resumption of meetings in July, there are a few months to think about joining the Papworth Craft Group. We are always delighted to meet new members. As noted in previous posts, there is no commitment required. Check out the group



Papworth Everard Womens Institute

Many members joined us for our first 'Zoom' meeting' on 16th February and were delighted to see and chat to many friends. We started in the normal way with the business catching up on recent information and this was followed by our first talk and demonstration via the Zoom network. Our very own Daphne gave a brilliant talk and demonstration entitled Nurture and Nourish when she explained the importance of looking after and caring for ourselves mentally and physically before we can look after and care for others. We all joined in with Daphne doing some meditative head and shoulder exercises concentrating on our breathing – a wonderful relaxing end to our evening.

A REMINDER OF WHAT IS TO COME:

OUR NEXT ZOOM ON 23RD MARCH AT 7.30PM

A demonstration by Lyn on how to bring Sunshine into your room by making a lovely spring arrangement on a plate from small flowers, plants and greenery from your very own garden.

Thanks to many ladies who supported Siyabonga in providing his schooling requirements for another year. Here he is looking so smart:

Here is a message from one of our ladies which will hopefully encourage ladies in the Community to consider joining us in the future.

Some six and a half years ago I settled into the village of Papworth Everard; feeling like the new girl going to school I wanted to make friends and become part of the village community.

I had been a member of my local WI for some 20 years or more and was hoping that I would be able to join this organisation here. I had previously experienced a most enjoyable evening with the WI offering a friendly welcoming atmosphere amongst its members. Day trips were also organised for those wishing to visit the theatre or seaside for a breath or fresh air and sample the local fish and chips. Most evenings, a speaker would be present enlightening and entertaining the members on different interesting subjects. Occasionally members would make their own entertainment, crafting etc.

Therefore, my first port of call was to contact the Papworth Everard WI via their website (PEWI) for short. I was delighted to be contacted by one of the members who advised me of the night and time they met (once a month) and invited me to come along to see what they had to offer. I was welcomed by the very friendly members and soon became

part of the WI family. I tried to sit with different people each month to learn their names as they had a good number of members who attended most meetings.

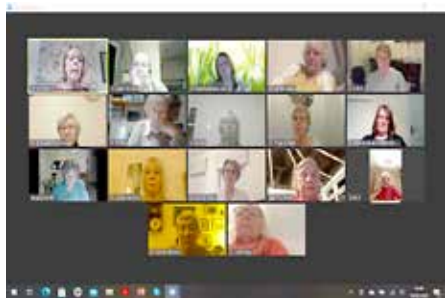
Well; I must have been impressed as I quickly joined in and now I am part of the committee and although sometimes very demanding, its fulfilling and enables me to have my say in planning how to keep the members happy, ensuring the evening goes as expected.

We now find ourselves in very difficult times under this lockdown, but I am just writing to say we are still here and will be strong again once this situation has been resolved. (Organising our speakers/ outings; having a laugh and generally enjoying the moment of being part of a friendly caring club). Some of our ladies enjoyed monthly luncheons choosing different venues to visit and sample (keeping our local publicans/restaurants in business). We hope this will still be the case in the near future. Others joined the choir which has proved very successful, entertaining at different venues and The Ely Cathedral singing festival. The choir have still been meeting on ZOOM throughout the lockdown. Therefore, we offer members variety and entertainment as well as friendship and companionship.

Should you be feeling in need of some support and friendship we would welcome you and help you through these hard times too; working together in a common cause. If you have a certain skill or interest you wish to share with us, or would like us to work on together; we would be happy to discuss this with you and hopefully incorporate it into our meetings.

We look forward to hearing from you in the future to chat over your ideas/proposals to prepare a way forward for each and every-one of us, or just come along and join in.

Please contact us on our website..... papwortheverardwi.org.uk



Community Warden Service - Cambridge South West Villages (supporting Papworth, Hardwick, Wimpole, Comberton, Caldecote, Toft and

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As well as making daily contact (Monday to Friday) to check on well-being and generally have a chat to reduce loneliness and isolation, the warden can also help with practical things such as:

- Make a light lunch, or hot drink
- Put the bins out (and bring back in)
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- Assist with post opening and management
- Make phone calls on your behalf (e.g. if hard of hearing, or memory impaired)
- Feed animals/pets/pond fish and refill wild bird feeders
- Provide company and reassurance on a short walk
- Collect and deliver small amounts of shopping
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- Arrange transport and accompanied visits to medical/health appointments
- Signpost and connect to other useful services, such as benefit checks.

Not only do service users value the support of our community wardens, but so do carers. We can help support family, friends and cares by taking on some of their roles and giving them back some time. It gives cares peace of mind and having 'someone else' benefits both service users and carers.

Eligibility

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To make a referral, or if you would like further information about this service, please contact me via telephone or email using the contact details below.

Paula Rowley Community Warden – Cambridge South West Villages

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