

News & Views

THE COMMUNITY NEWSLETTER FOR PAPWORTH EVERARD



JANUARY 2022

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NEWS & VIEWS

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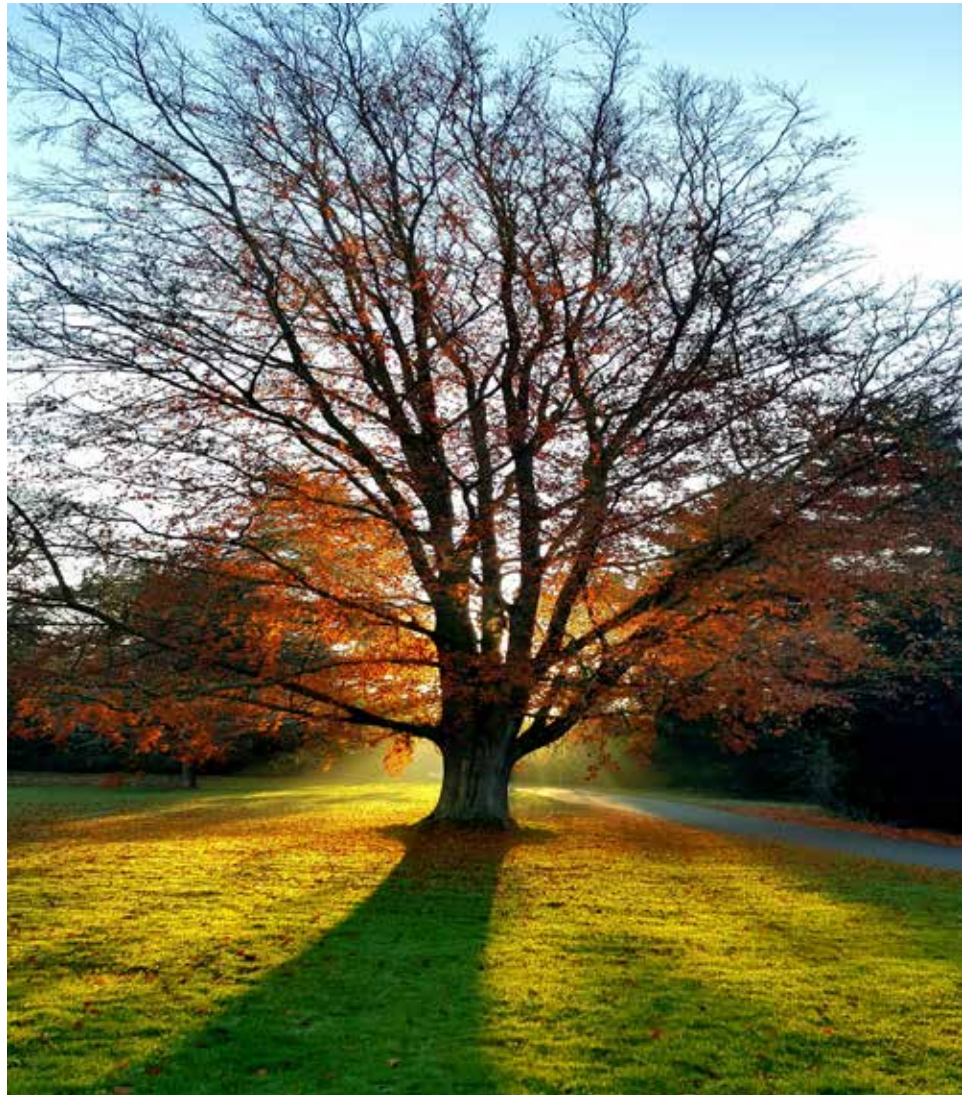
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Queen Elizabeth II Tree . . . Lucia Činčurová

BIN COLLECTION DATES

Mon 10 Jan 2022		✓	
Sat 15 Jan 2022	✓		
Fri 21 Jan 2022		✓	✓
Thu 27 Jan 2022	✓		
Thu 3 Feb 2022		✓	
Thu 10 Feb 2022	✓		
Thu 17 Feb 2022		✓	✓
Thu 24 Feb 2022	✓		

Please Note: dates highlighted in red denote different collection day

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 News & Views - Papworth Everard

Deadline for next edition is 26th January

Front Page - Papworth Hall - taken by the Editors

Pendragon Primary School



The school is looking very wintery as our Decoration day had the theme of winter stories.

We have tried to make sure that all "normal" school events have taken place even with COVID!

Year 6 have just returned from their residential at Hilltop – more about that next month. Year 3 visited Flag Fen, Foundation and Year 1 have been out and about looking at the change in the seasons and Year 1 have been to the panto, with year 2 as they missed it last year. As I write this Foundation are busy recording their Christmas show to send home to all the parents.

We hope you enjoy the writing of 2 children from year 3 from their visit to Flag Fen.



School Trip to Flag Fen

On Friday 19th November 2021 Year 3 went on a school trip to Flag Fen. It was in Peterborough. We went there because we are learning about the different ages.

The first thing we did was beaker pots. First we got some clay and made a sphere, then we made a hole. After that we made the sides flat and strong. Next we decorated it.

Second we went to the artefacts room where there were bones from dead animals, roman whiteboards, needles and other things too. We had to decide what we thought each artefact was and which age it was from. On the floor outside there was lots of wool because they always let the sheep out. The sheep were brownish black and so was the colour of the wool. They were also very ugly sheep.

After we went to the Mere where we stood around Helen. She told us how they survived in those days. So for example she told us what they would eat like fish from the lake, nettles for soup and ducks.

At the causeway we saw part of a bridge that they used centuries ago. At the back of the building archaeologists were digging and finding more of the actual bridge and we were the first people to see it.

At the museum of boats there were 8 boats all being kept in water to help them last for longer. My favourite was the shortest boat.

In the roundhouse we sat on wooden benches. It was dark inside but then we lit the fire so it wasn't as dark. Once the fire had been lit we were told an ancient story about a sword, the lady actually had the sword and we all got to make a wish!

It was the best day of my life. My favourite bit was the roundhouse because we sat around a blazing fire. We also listened to a story and made a wish.

Oscar Asque



Jaguars visit to Flag Fen

On Friday 19th November at 9am, Jaguars and Pumas were getting ready to go on the coach to go to Flag Fen. I was so happy that we were going.

When we got on the bus I sat with my friends. Once Miss Cracknell had checked the seatbelts, the bus started and we all looked out of the window- it was 45 minutes on the bus.

When we got there I was so excited. There was a tour guide outside the bus waiting for us. We all stood up and got off the bus calmly.

Finally we jumped off the bus and then happily we went into the welcome centre. We had to cross a sturdy bridge with yellow stripes. After that we went into the big, dig tent, our first activity. We had to be careful of the big, dirty pits.

In the big, dig tent we saw a stone age axe, a bronze age axe and an Iron age axe. We also saw a basketful full of things like a tooth with carving on it.

Next we went to go and check on the archaeologists to see what they had found. It was so crazy. They had found a Roman road and we were seeing it! I was so interested.

Next we were going into a round house but before we went there we went to the lake which was all mossy and dirty.

When we were about to walk carefully to the round house, a huge bird swooped into the lake to get a big fish.

Finally we got to the round house and went inside. First we lit a fire in a black curved bowl. We used cotton wool and fat. Sadly we had to go home.

Eleanor

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We kicked off the Festive Season with a great Xmas Meal on Friday evening, 3rd December at the George and Dragon at Elsworth. The food was excellent and, as you can see, the members had a really good evening getting into the Xmas Spirit.



Several ladies made beautiful items for the Community Group's Xmas parcels again this year and this is a sample of some of the lovely items made:

Our last face-to-face meeting of the year was held on 15th December when members enjoyed a fun social evening with them being a Reindeers. Traditional Christmas fayre of mince pies, mulled wine, sweet biscuits and chocolate reindeers were enjoyed followed by a hilarious game of Reindeer Drive.

Reaching out

If you are lonely and feel a little blue
I have a suggestion of what you could do

Take a little wander up our Church Lane
Yes, I know the walk can be a pain

You will reach the top and St Peter's you will see
Our dear village church, please take this from me

A lovely welcome awaits you, lots of love to share
God at its head of a lovely church family who care

You will find peace and compassion, lots of help too
Warmth in abundance, activities for children to do

Beautiful services straight from the heart
But please come and see, this is just a small part

After our service, tea and coffee and homemade fare
Chatting and laughter for all to share

Amen

Valerie Hall



Our first meeting of 2022 will be on Wednesday 19th January, we look forward to seeing you all again then.

From all the ladies of Papworth Everard WI we wish everyone a very happy Christmas and a Happy and Healthy 2022.

ALL LADIES WELCOME

7 for 7.30 pm at The Studio, Pendrill Court



Tree Warden Report

David Potter

treewarden@papwortheverardpc.org.uk

Winter Landscape

*'I leant upon a coppice gate
When Frost was spectre-grey,
And Winter's dregs made desolate
The weakening eye of day.'*

These are the first lines of Thomas Hardy's poem: 'The Darkling Thrush', first published on 28 December 1900. The poet looks out at the countryside and reflects on the cold and gloom of a winter's evening, the tangled stems, the land's sharp features, the bleak twigs. It is a description of the winter landscape and becomes what Hardy expects for the year and century ahead. A feeling of misgiving, something we might also feel in January, especially with the continuing worries of Covid!

But, take heart, the poet hears the unexpected song of an elderly thrush who has chosen 'to fling his soul upon the growing gloom'. It is some 'blessed hope' of which the poet is unaware. We might look out for such signs and sounds of hope in the coming weeks and months.

A visit to the woods and trees on a bright winter's day can be a wonderful sight and a welcome distraction to any cares we might have. The skeleton outline of branches and twigs stands out clear and mysterious against the sky, free from last year's clothing of leaves. Evergreen trees show their majestic presence and bulk in the grounds of Papworth Hall, looking like giant party cakes with an icing sugar dusting of white frost.

If the weather is too cold or wet, or the puddles too muddy and deep, travel to the woods in your imagination. Fly up to the highest branches and down to the deepest roots! In your mind's eye - chase the climbing squirrels, sit with the noisy rooks, snuggle down with secretive badgers.

Listen out for the song of the hopeful thrush, the chatter of small birds in the hedgerows, the hard bark of the muntjac and the distant, breathy hoot of the owl.

Happy New Year to you all. I hope you have the opportunity to enjoy our winter landscape this month.



Church Notices

St Peter's Church Services

Services in January and February

- 9th Jan. 10.30 Holy Communion
 16th Jan. 10.30 Family Worship
 23rd Jan. 10.30 Holy Communion
 30th Jan. 10.30 Team Service at ELTISLEY church
 6th Feb. 10.00 Team Service on ZOOM
 13th Feb. 10.30 Holy Communion
 20th Feb. 10.30 Family Worship
 27th Feb. 10.30 Holy Communion

Roman Catholic Mass

(Latin Rite)

Every Saturday at 5.00 pm

Please consult our parish website for other times and more information

www.stmichaelrc.org



...and a happy new year!

We may have sung it; it was said in many cards and no doubt the words will be on our lips as we meet people for the first time in 2022. But what do we mean by it; or is it just a phrase that slips off the tongue lacking any real thought or sentiment?

A happy new year for some will be a good report from a hospital visit, finding a new job, being able to book a holiday with confidence it won't be cancelled, eventually getting together with family and friends. Perhaps 2022 will be a time when we say it with new intent, more genuine feeling and sincerity after such a torrid and turbulent time over the past 21 months; or is this still too much wishful thinking as the omicron strain of covid takes its toll?

Much of what we mean by happiness is caught up in circumstances and relationships; many of us seem to have an addiction to looking for the next experience whilst others feel trapped in a cycle of ongoing woe. (That's an observation not a criticism!)

Christians think a lot about peace. It means more than the absence of conflict! We don't have a monopoly on the word, but we can offer a distinctive understanding of what it looks like, feels like and how it translates into our lives.

For example, when Jesus appeared after his resurrection the Bible reports his friends were behind locked doors, fearful for what might come next. Jesus's first words were: 'Peace be with you.' He did not change their circumstances, but he meant them to be different in the midst of what they were facing and for what might follow. The reason was he was indicating they could find God's peace; in other words, they could access God's nature and perspective on what was happening and, as a result, be full of peace.

The everyday word in Jesus' day was 'shalom'. It remains a common greeting among his native people today. In one part of the Bible, we are told of city walls being rebuilt; when the last stone was put in place the wall is described as being 'shalom', at peace and ready to meet the challenges facing the people living in its curtilage.

I hope very much 2022 will be a truly happy year. However, I would rather happiness be dwarfed by God's peace, divine 'shalom' breaking into your life. It is a bigger concept with bigger consequences and bigger benefits.

So, if like many, you start the new year with a set of NY's resolutions here is one I can commend: begin each day saying something like 'God, show me how to live in YOUR peace today.'

You may or may not feel you are a Christian, but, I believe such a prayer is one God is delighted to answer. He does this by showing us more and more of what Jesus was about and why we have just celebrated his birth at Christmas

Nigel di Castiglione - Team Rector



January at Hilton Methodist Church

January 2nd
 No service at Hilton
 10:30am - at St Ives Methodist Church

January 9th
 11:15am - United Service (Covenant)
 led by Rev. D. Busk and
 Rev. N. Witham.

January 16th
 10:00am - Rev. J. Bamber

January 23rd
 10:00am - Local Arrangements

January 30th
 10:00am - Mr. D. Moorman

We regret that there will be no refreshments after the services nor regular coffee mornings for the time being

Varrier Jones Social Club



Wishing you all a Happy & Healthy 2022



Our Meeting on the 4th December was well attended with 25 Members all sitting down to a splendid Afternoon Tea. We were again very unlucky in that our Entertainer for the day failed to arrive, his loss really as he missed out on the afternoon tea!! But, although we missed the expected Sing-a-long, everyone agreed that we had a great afternoon of chat, catching up on all the

goings on in the Village and with all our members. The Raffle, which was supposed to be smaller this year turned out to be just as large and was drawn in between the afternoon tea and the Sherry, Christmas Cake and mine pies served just before it was time to wend our way home again.

Reminder:

AGM is approaching and we will be looking for new Members for the Committee. Anyone who would like to join, or if you know someone who would like to, please do get in touch we would be pleased to hear from you. Alternatively, our next committee meeting is on the 28 January at 1pm in The Studio, why not come along and see what goes on. Committee Meetings are held once a month on the last Friday in the month and usually last for about 30-45 minutes.

Next Meeting: 4th February 2022 with Speaker: Jason Middleton, Introduction to Pearls.

Please watch out for the Posters in case of any Changes. If you have any questions, please do not hesitate to call either Audrey on 01480 831053 or Eddie on 01480 830338 (for either number if no answer please leave a message or name & number for call back)

So, why not come and join us? Make some new friends or catch up with some old ones for an afternoon of entertainment and chat. Meetings are held on the first Friday of each month. Normal start time is 1.30pm in The Studio, Pendrill Court. Admission is £3 for Members, £4 for Visitors. The Annual Membership is only £5. Where else could you get anything like this for the price?

The early morning winter dog walk...

Each morning at the crack of dawn
Me and Walter leave the house
To embark upon our morning walk
The streets as quiet as a mouse...

Walter sports his puffer jacket
Looking dapper in fluorescent green
Keeps the little fella warm and toasty
Even when the weather is extreme...

A jogger dressed in green Lycra
Comes towards us through the fog
They smile and wave as they pass
Then into the darkness they do jog

We carry on with our morning stroll
And meet a fellow Cockerpool
Sporting a dapper light up collar
Walter's face says.. 'he'd really like one too'....

And in the darkness and looming closer
Comes the biggest husky dog
Walter passes by sheepishly
And gives him a glancing nervous nod...

We have our daily natter
With the man who clears up leaves
We put the world to rights (and wrongs)
Then carry on through the trees...

We head home through the darkness
Walter dreaming of getting a neon light
So he too can shine on winter mornings
And not get lost at night...

We get home as it's turning light
Ready for the busy day ahead
Walter hangs up his puffer jacket
And curls up contented in his bed...

Jackie Phillips

THANK YOU

We would like to say thank you to all those that purchased the excess calendars we had and their sale has raised nearly £200.00 for Blood Cancer UK.

We still have some left at £5.00 cash for those that still wish to purchase one.

Please contact Janet on janetpendrill@gmail.com



Happy New Year from Papworth Library!

We hope you'll support us in 2022. Here are five ways:

1. Join: it's simple and free! Everyone can be a member of the library - even babies.
2. Use: make use of your library. Borrow books (in person, or download to a device), use a computer, attend events and activities, access online tools to help with work or research.
3. Volunteer: we can offer even more programmes with help from volunteers. Could you be our next Storytime reader, event helper, Library@Home book bringer or Digital Buddy?
4. Donate: library services are free to use but monetary donations, small or large, help us provide more books and services.
5. Spread the word: if you love your library, tell your friends and neighbours and encourage them to join! The more members we have, the stronger we are.

The library's started to make changes in layout, which we hope will make it more welcoming and interesting to those of all ages; do let us know what you think on your next visit. Many thanks to all those who voted for spring 2022 The Library Presents programme, which will bring quality arts activities into Cambridgeshire's towns and villages; Papworth's in with a chance of an event next year. You can find out more by visiting www.cambridgeshire.gov.uk/arts

Thinking of events, we're planning to celebrate the library's 21st birthday on Saturday March 26 during opening hours (10am - 1pm) and would be delighted if you could join us. Watch this space for further news of the celebrations, which may feature teddy bears and a look back at Papworth's history ...

If you have a concessionary bus pass and need help with renewing it, or are applying for the first time and would like some assistance with the application, we can help you at Papworth Library. We can also take a photograph as part of the application process, so no need to provide one separately. Please make an appointment with library staff not more than six weeks before you need your bus pass.



PAPWORTH LIBRARY OPENING HOURS

Closed - Monday and Friday

Open

Tuesday - 10.00 to 13.00
14.00 to 17.00

Wednesday - 10.00 to 13.00

Thursday - 14.00 to 17.00

Saturday - 10.00 to 13.00

Telephone: 0345 045 5225

Web renewals:

www.cambridgeshire.gov.uk/leisure/libraries

Papworth Library will re-open after the Christmas break on Tuesday 4 January from 10am - we hope you had a joyful Christmas and will have a happy and healthy New Year. Our opening hours continue to be Tuesday 10am - 1pm, 2pm - 5pm, Wednesday 10am - 1pm, Thurs 2pm - 5pm and Sat 10am - 1pm. Contact details: web address www.cambridgeshire.gov.uk/library, tel 0345 045 5225 and email your.library@cambridgeshire.gov.uk



Welcome to the Day Centre

One of our Volunteers, Audrey, very kindly donated named aprons for all the volunteers, which is very helpful for those new members joining us. Some of the volunteer's duties are to make you feel welcome, serve drinks and food, and help entertain you before and after lunch.

On the 14th December we had a visit

from lay preacher David Potter and his wife, Anne. David gave some bible readings, and we all cheerfully sang some popular carols accompanied by Anne playing the piano. We have located the Christmas tree and decorations and put them on display, and also had some mince pies.

At the time of writing, we are hoping to be able to go ahead with our Christmas lunch, so we look forward to giving a report of that event in the February issue of News and Views.

You can be referred to the Day Centre via your G.P.



or alternatively, you can telephone Jenny or Eddie for more information. Why not make it a New Year's resolution to get in touch. You might also think of someone else who might benefit from the Day Centre.

The details of how the Day Centre runs are below:

The cost is £13 per day including tea and coffee and a delicious two course meal cooked by our resident chef, Jane. We meet every Tuesday between 10am and 3pm in The Community Centre, The Close, Papworth Everard. The Centre is fully wheelchair accessible. Transport is available in certain cases.

If you would like to find out more about the Day Centre, why not call the following? We would love to hear from you.

Contact: Jenny on (01480) 492697 or Eddie on (01480) 830338 for further details (for either number if no answer please leave a message or name & number, we will call back)

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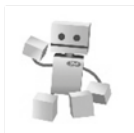
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News Update

Papworth Trust's tips to reduce condensation and mould in your home

Condensation occurs mainly during cold weather & is caused by steam or water vapour turning to water on cold surfaces. It is like an invisible bubble of water that is moving around, trying to find a way out through a window or air vent. If it hits a cold surface the bubble bursts causing condensation which can lead to mould.

The picture below gives an idea of the amount of extra water you add to the air in your home just by taking a shower or boiling a kettle.



How can you help improve the situation?

1. Heating – ideally you should heat the whole home to a consistent temperature, do not have really hot or really cold rooms.
2. Ventilation – this is essential if condensation is to be controlled. Open windows during cooking, a bath or shower, or if the glass is misted up. This will let out moisture but do not let rooms get too cold. If trickle vents are fitted to windows leave these open.
3. Moisture reduction – dry clothes outside where possible, make sure tumble dryers are vented properly, close bathroom & kitchen doors when bathing & cooking & open windows in those rooms to disperse the moisture, keep lids on saucepans whilst cooking to reduce steam.



To hear all the latest news about Papworth Trust services and fundraising events in recent months you can visit www.papworthtrust.org.uk/publications and select the winter edition of our EnTrust magazine. If you would like to receive a copy of this quarterly magazine either electronically or by post please email jo.revitt@papworthtrust.org.uk

RE-PLAY PAPWORTH



Happy new year to all. Planned building works at Play Papworth HQ (not at the Courtyard) mean we are not going to be able to run the Sunday afternoon vinyl sessions in the Courtyard café for a while. Here are a couple of recommended music shows to watch at home in the meantime.

'Get Back', shown in three parts (each of over two hours), documents The Beatles – you might have heard of them - recording Let It Be during sessions at Twickenham, Apple Corps, and the rooftop concert at Savile Row. These follow a narrative arc as the band get together in early 1969 to write and record an album and to prepare for a (swiftly abandoned) live concert. The first episode drags, as the sound stage at Twickenham is obviously not an environment conducive to creativity, and guitarist George walks out after a few days. For episode two, they decamp to the basement of the Apple Corps offices in Savile Row. Most of the songs are completed here, especially when organist Billy Preston joins. Episode three shows the thrilling rooftop performance and album recording sessions. I came away with a renewed appreciation – geniuses they might have been, but they certainly put the work in. Top marks to the Abbey Road engineers who turned the Savile Row basement into a recording studio over a single weekend. Star of the show is Beatles roadie Mal Evans, one typical example being during the rehearsals for Maxwell's Silver Hammer: "Mal, could you get hold of a Blacksmith's anvil while we go for lunch?"

McCartney 3,2,1 is a six-part series co-presented by Paul McCartney (he used to be in The Beatles – you might have heard of them) and record producer Rick Rubin. Each half-hour episode features interviews, archive, live performance, and the stories behind the songs.

'Summer Of Soul (...Or, When the Revolution Could Not Be Televised)' documents the 1969 Harlem Cultural Festival, held over six weekends in Mount Morris Park, New York. Forty hours of footage were shot and left gathering dust in a basement for 45 years. The two-hour film includes performances by Stevie Wonder, Mahalia Jackson, Nina Simone, The 5th Dimension, The Staple Singers, Gladys Knight & the Pips, Blinky Williams, Sly & the Family Stone and the Chambers Brothers. It certainly looks a lot more fun than the mud and rain of 1969's other filmed music festival at Woodstock.

All of the above can be accessed on the Disney+ streaming service (£7.99 per month, which can be cancelled at any time). Look out for special offers, I got an introductory month for only £1.99.

Let's hope we can all get together in early Spring to hear the Let It Be album on vinyl. There's also talk of the Summer Of Soul soundtrack coming out on vinyl, too. Until then... keep healthy, support your local record shops, our equipment provider Criterion Audio, and the Courtyard café.

Follow us at www.facebook.com/playpapworth or email playpapworth@fenton.org.uk

To donate to our virtual East Anglian Air Ambulance collection tin, visit www.eaaa.org.uk/

Papworth Craft Group

MEETINGS EVERY FIRST AND THIRD SATURDAYS
OF THE MONTH

10:30 - 12:30 AT PAPWORTH LIBRARY

NO MEETINGS UNTIL FURTHER NOTICE

Another year has gone and the wait for a return to meetings of the Papworth Craft Group continues. As matters stand this side of Christmas, there is only uncertainty about possible restrictions the government may introduce at the end December or early in the new year.

The aim of this and other columns in the News & Views is to maintain a presence in the village narrative. It serves as a reminder to members of the group that meetings will resume at the earliest possible moment once restrictions are lifted. Equally important is the hope that this column catches the eye of possible future members, who may engage with the News & Views now and then and notice that the group is merely resting and not expired!

Over the past year, the periodic request for yarn, knitted squares for charity blankets, hats and scarves has received a generous response, especially from those who have not previously attended meetings. More yarn, more squares and beautiful hats and scarves have been donated recently by non-members. A very BIG THANK YOU to you. It is humbling to discover that knitters have been spending some of their free time responding to requests made through this column. Please come and join the Papworth Craft Group, when meetings resume.

We are living in challenging times. So much has been put on hold and the immediate future looks uncertain. But there have been positive responses to the unprecedented restrictions on daily life, such as a sharp increase in activities from baking sourdough loaves to working on allotments. Knitting, crochet, embroidery, cross stitch and patchwork have witnessed an off-the-scale revival. Online retailers confirm this. This column has repeatedly remarked on the benefit to our mental health of handcrafts. These crafts allow us to take time out from illness and bereavement, the stresses and strains of lockdown, the fear of contracting Covid-19, general and personal anxiety and more besides. This is not an ex

Making things, creating, having something to reward the effort invested in knitting a sweater for a friend, for example, has a positive impact. Gardening and bread making are both activities that have seen a huge interest since the beginning of the pandemic. How many people have heard some friends extolling the magic of sourdough bread making? Garden novices proudly show off their peonies or carrots. These nurture a positive mindset and can offset some of the difficulties experienced by WFH, (working from home), or being furloughed. Uncertainty is the enemy of our equilibrium. This is why any one of the activities mentioned can help us gain some equilibrium.

There are lots of you out there, who are stitching, knitting, quilting and crocheting. Give a thought to joining the Papworth Craft Group once meetings resume. Come and show off your pandemic projects and check us out. Meet others who are passionate about creating special items as well as more modest projects. Come and learn a new craft, or get help with a project that has gone awry for some reason.

The editors: many thanks are owed to the editors of the News & Views who manage to produce an edition every month. In fact they have been editing it for many years. The News & Views is available as a print and online publication. It has been published all through the pandemic. This has been no small feat, tracking down people who can contribute a piece regularly. The News & Views is important to a significant number in the village, who cannot leave home, perhaps without the Internet. It connects them to the village activities and this is important. Janet and Peter Dobson carry on as editors because no one has yet come forward to relieve them. This makes their efforts to keep the News & Views going all the more remarkable.

Happy New Year! Keep well and stay safe

Do you need a support with your or your family's cancer diagnosis?

At Maggie's we can help. We provide free practical, emotional and social support to people with cancer, their family and friends, from diagnosis throughout living with the affects after cancer.

Maggie's has been providing high quality, evidence-based support since 2013 in the local area. We help over 8,000 people a year to achieve the best possible state of psychological and physical health during diagnosis, treatment and throughout their cancer journey. People across Cambridgeshire and beyond can come to Maggie's at any stage, for as long or as little as they like. We believe that the built and natural environments in which people are cared for have a direct impact on wellbeing and how a person responds to the challenge of cancer.

Our Centre is staffed by Cancer Support Specialists, Benefits Advisor, Nutritionist, Counsellors, and Psychologists who can support people in whichever way is best suited to their needs. Maggie's is a place to find practical advice about benefits and eating well; a place where qualified experts provide emotional support; a place to meet other people or simply to sit quietly with a cup of tea.

You don't need an appointment - just come in for a chat to find out more about the support offered to them. Our centre is open Monday to Friday 9am to 5pm.

Find us at:

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PAPWORTH TENNIS CLUB NEWS

We hope all our Club members had an enjoyable Christmas and are ready for tennis in the New Year!

The amazing news for 2022 is that we shall be resurfacing the courts fairly soon – the work is being planned for late February, but only if the weather conditions are right. The contractors will be carrying out repairs to the existing tarmac surface to ensure a completely level playing area, laying down a modern artificial surface, and then edging the new courts. The new material, known as Tiger Turf, will provide a fantastic playing surface and will be much easier on the joints (for the benefit of our more senior players!). The exact dates for the work will be put out on our website and social media.

Apologies to all that we had a problem with our mains water supply before the Christmas break but we hope, with the assistance of the VJF and Parish Council, that we should be reconnected to the water supply again in the very near future.

If you're interested in joining us at Papworth Tennis, please contact us at papworthtennis@hotmail.co.uk

Happy New Year from the Papworth Runners

Wednesday evening 7pm
meet outside the
Courtyard.

New runners welcome

If you would like to start the new year with some new fitness goals or just a regular running routine, the Papworth runners is a great place to start. We are a very friendly running group who meet every Wednesday evening for a relaxed run which can be suited to all speeds and fitness levels. You can find us on Facebook under Papworth runners, on the run together website, email: papworthrunners@outlook.com or just turn up. You will always be welcomed with a smile and lots of encouragement.



Cambridge Country Club

Welcoming in the New Year at Cambridge Country Club

Following the successful opening of Cambridge Country Club in 2021, guests have been enjoying the brand new luxury health and wellness complex and utilising the superb new facilities. Kicking off the New Year, guests are invited to experience the array of health, wellbeing and leisure offerings at Cambridge Country Club.



With New Year resolutions starting, The Gym offers state of the art equipment featuring the latest Life

Fitness Technology to support a wide variety of workouts and fitness levels. Set across a large open plan workout space, dedicated work out areas enable functional fitness, cardio and strength training. A spin room and private studio offer the perfect setting for group exercising classes.

Throughout January, guests are invited to experience the facilities offering a complimentary day pass (worth £25). New gym members can benefit from a limited time offer of no joining fee PLUS a free 30-minute ELEMIS treatment. T&Cs apply.



If more time to relax is your priority then look no further than the luxurious new facilities at The Spa. Seven treatment rooms all equipped to offer ELEMIS® 'No-Touch' Biotec facial technology ensure the best in skincare with each visit. Guests can also relax in the Himalayan salt spa, unwind in the relaxation room and refresh in the Rainforest shower whilst they are also invited to make use of the exquisite new swimming pool with whirlpool complete with poolside loungers. With a selection of spa packages available guests can truly relax and restore in luxury.

Throughout January, guests are invited to experience the Mindful Spa Day Package for just £100 per person, including the use of the stunning facilities, a 1-hour treatment, robe & slipper hire and Champagne lunch. T&Cs apply.

For those wishing to spend more time with friends and family, why not come dine with Cambridge Country Club. With Executive Chef Lee Scott overseeing the dining, guests can visit Spikes

Bar with a dedicated food and drinks menu, The Lounge, serving healthier choices as



part of the club's spa and leisure experiences and launching new for 2022, Azure restaurant will offer 5* fine dining and bespoke à la carte menus. The Cambridge Country Club is now accepting bookings for all dining and events, including weddings and Health & Wellness memberships are also now available.



Email info@cambridgecountryclub.com

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