

The Community Newsletter for Papworth Everard

FEBRUARY 2022

### **1750 Copies Distributed Monthly**

**ISSUE NO. 02-22** 



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## Varrier Jones Social Club



At the time of writing, we are experiencing a chilly patch and keeping close to the fire enjoying the garden wildlife, although our Feeder is taking a bashing with 3 squirrels fighting and playing but great entertainment whilst hoping that our Meeting on the 4th February will go ahead with no hitches and that the Speaker, Jason Middleton with his Introduction to Pearls, will arrive to entertain us and maybe bring some Pearls for us to see and maybe even buy. Photos next time.

### **Reminder:**

AGM is approaching and we will be looking for new Members for the Committee. Anyone who would like to join, or if you know someone who would like to, please do get in touch we would be pleased to hear from you. Our next Committee meeting is on the 25 February at 1pm in The Studio, why not come along and see what goes on. Committee Meetings are held once a month on the last Friday in the month and usually last for about 30-45 minutes.

Next Meeting: 4th March 2022 in The Studio, Pendrill Court at 1.00 for 1.30pm – AGM & Bingo

Please watch out for the Posters in case of any Changes. If you have any questions, please do not hesitate to call either Audrey on 01480 831053 or Eddie on 01480 830338 (for either number if no answer please leave a message or name & number for call back)

So, why not come and join us? Make some new friends or catch up with some old ones for an afternoon of entertainment and chat. Meetings are held on the first Friday of each month. Normal start time is 1.30pm in The Studio, Pendrill Court. Admission is £3 for Members, £4 for Visitors. The Annual Membership is only £5. Where else could you get anything like this for the price?



## **BIN COLLECTION DATES**

Bin Dates	Black Bin	Blue Bin	Green Bin
Thu 10 Feb 2022	$\checkmark$		
Thu 17 Feb 2022		<b>V</b>	<b>V</b>
Thu 24 Feb 2022	V	· · · · · · · · · · · · · · · · · · ·	
Thu 3 Mar 2022	i		
Thu 10 Mar 2022	V		
Thu 17 Mar 2022		<b>V</b>	<b>V</b>
Thu 24 Mar 2022	$\checkmark$		

Please Note: dates highlighted in red denote different collection day

### **CONTACT DETAILS NEWS & VIEWS** www.newsandviewspapworth.co.uk - janetpendrill@gmail.com

www.newsandviewspapworth.co.uk - janetpendrill@gmail.com

**Deadline for next edition is 23rd February** Front Page - Feeding Long-tail Tits - taken by the Editors



## Papworth Everard Parish Council Report

Parish Clerk: Sarah Cruse Telephone: (01480) 830360 E-mail: clerk@papwortheverardpc.org.uk

### **OUTDOOR GYM**

We have been waiting for the remaining pieces of outdoor gym equipment to be installed, but manufacturing issues have caused a significant delay. The supplier has advised that the items should be finally available on 14th February and installation should take place the week after.

### VILLAGE HALL

After operating under various lockdowns and social distancing restrictions over almost 2 years, the Village Hall is fully open and taking bookings.

Do you have a celebration coming up - are you thinking of holding a party or event or perhaps you're looking to start up a regular meeting, exercise or hobby group and need somewhere to hold it ?

The Village Hall is a great venue for all types of events from children's birthday parties, fitness classes and fashion shows to conferences, meetings and training courses.

There is also a small seminar room on the first floor which is ideal for committee style meetings, crafting groups or informal meetings.

If you are looking for a venue to hold your event, or perhaps your employer needs somewhere for an annual conference, training event, social gathering or regular off-site meetings, why not get in touch and see what we can offer?

Booking enquires can be made by completing the enquiry form on the Village Hall and Amenities page on the Parish Council website (http://papwortheverardpc.org.uk/amenities/) where you will also find the tariff of charges, or by emailing the Bookings Clerk, Clare Taylor (villagehall@papwortheverardpc.org.uk).

A message can also be sent via the Village Hall's Facebook page or by calling the Bookings Co-ordinator on 07841014414

### **DOG FOULING**

#### Dog fouling is a constant issue in the village.

It is particularly unpleasant when it is left on the playing field for people playing sports to tread in – prior to each match, the football coaches have to scour the playing field removing piles of dog mess before they can start playing.

Dog mess left on pathways can end up on shoes, scooters, bike wheels and prams and spread all over the place.



Dog fouling is not only unpleasant - but it can also be dangerous – particularly for children. Whilst rare, contact with dog excrement can cause toxocariasis – a nasty infection that can lead to dizziness, nausea, asthma and even blindness and seizures. With the lighter evenings upon us and more children playing out on the on the fields and public areas in the village, allowing your dog to foul and not clearing it up is unacceptable.

It is illegal not to clear up the mess left by your dog as soon as it has fouled and those that leave their mess behind could be liable to a fixed penalty notice. It is the responsibility of the dog owner or the person in charge of a dog to clear up any mess left by the dog as soon as it has fouled - being unaware a dog has fouled or not having a suitable bag is not a reasonable excuse.

There are many dedicated dog waste bins throughout village, there is no excuse to leave dog mess on the paths and open spaces. If you can't find a dog bin, bag your pet's poo and take it home for disposal or if no other option is available, pick up any mess and seal it well using a bag which can then be carefully placed in any standard litter bin.

The Parish Council is aware that several of the existing dog bins in the village are broken or damaged or no longer stay up on the posts they are fixed to and have recently agreed to have some of these dog bins replaced. The County Council no longer install the same type of dedicated dog bins so the Parish Council will be funding the installation of multi-purpose waste bins which can be used for both dog waste and general litter and which will continue to be emptied by the District Council. Hopefully the new bins will be installed soon !

### **COULD YOU BE A PARISH COUNCILLOR ?**

It doesn't matter if you're new to the village or have lived here your whole life - if you have a real interest in the village and want to get more involved why not contact us for a chat and see if it's for you?

We're looking for people who can rise to the challenge and make a commitment to improving the quality of life for everybody in our village, no matter what your age or experience.

Knowledge and previous experience aren't essential, training is available and existing members have a wealth of experience they are willing to share. The essential element is enthusiasm and a willingness to work as a member of our team to make a difference to our village.

We hold 11 Parish Council meetings per year and in addition you will be required to become a member of one or more of our subcommittees (Amenities and Playing Fields, Village Hall, Planning) and will be able to get involved in working groups looking at specific projects if you wish.

There is more information about what the Parish Council does and eligibility criteria for becoming a Councillor on the PC's website www.papwortheverardpc.org.uk

If you think you have what it takes to make a difference, have any questions, or would like an informal discussion with the Clerk or an existing Councillor about what the role entails, we would love to hear from you !

Please email the Clerk, Sarah Cruse for further information clerk@ papwortheverardpc.org.uk

## INSPIRING WOMEN Papworth Everard Womens Institute

### **A VERY HAPPY NEW YEAR**

From all the members and Committee – we hope 2022 will be a healthy and peaceful year for us all.

Our first meeting of the year took the form of a 'literary' evening where several members read extracts from books, and poems, some serious giving food for thought and some hilarious giving us the laughter we need to cheer us up at this time of year.

This was followed by an interesting talk and demonstration by one of our members on 'energy within' and here are some of the ways we can create energy within to help us all keep warm and active throughout our life ahead. Daily movement, creating our own energy can ease our worries through mindfulness and ease pain within our bodies. Here are some things you can do:

Sit, lie, even stand when at home (making a cup of tea for example) are all times when we can do simple movements to keep ourselves active, thoughtful and energised within; self-care and peace within!

Sitting in a chair and feeling a little sluggish, turn on your mind, work with intention to create comfort; lying in bed just relaxing before sleep or on waking just some or all of these simple

exercises can be achieved whever you feel the need for a little 'nourishing and nurturing g' (me time). Start with the hands and rub them together creating heat – palms together – backs of hands together. ug each finger and thumb very gently, making sure you go right to the tips of each one. Gently massage, rub or tap up and down each arm, up and down sides and as far as you can reach (all these exercises create heat within your body, working your muscles, tendons, ligaments, blood flow)- creating wellbeing. If you can, lift your arms up, massage your face – gentle movements – tapping or rubbing carefully getting into all areas.

Be aware of how you feel. Give your torso, legs, ankles, feet a little shake – try to keep awareness throughout, ensure your spine is straight, allowing energy to move freely up and down your spine. Keep hips, legs, ankles, feet evenly placed especially if standing or sitting making sure your feet are grounded – firm on the ground, keeping muscles and joints aligned. Work these areas by thinking about your feet, wriggle your toes, rotate your ankles (both ways a few times each). Think about your stomach, place hands or just one at a time, onto this area, gently massaging round in a clockwise circle. This movement is working the arms etc. once again and can create ease within the intestines.

I hope this message will help create warmth, energy and peace within.

Our next meeting is on Wednesday 16th February – 7 for 7.30pm at Studio, Pendrill Court Watch out for our posters giving further details All ladies welcome





### A Christmas Celebration

On 21st December the Day Centre clients and volunteers enjoyed their Christmas Lunch. Roast Turkey with all the trimmings followed by Christmas Pudding and Trifle. We were also delighted to be entertained by Peter Day singing hits from the

50s, 60s and 70s, making it a special occasion with everyone receiving Christmas Gifts from the Committee.

On Tuesday the 18th January we received one of our welcome visits from lay preacher David Potter and wife Anne with Bible readings and hymns.

At the time of writing, we are looking forward to welcoming Val Empson for a return visit to play some old favourites on the electronic piano for everyone to sing along to.

If you are interested in joining the Day Centre or finding out more you can phone Jennie or Eddie (numbers below) in the first instance.

The details of how the Day Centre runs are below:

The cost is £13 per day including tea and coffee and a delicious two course meal cooked by our





resident chef, Jane. We meet every Tuesday between 10am and 3pm in The Community Centre, The Close, Papworth Everard. The Centre is fully wheelchair accessible. Transport is available in certain cases.

If you would like to find out more about the Day Centre, why not call the following? We would love to hear from you.

Contact: Jenny on (01480) 492697 or Eddie on (01480) 830338 for further details (for either number if

no answer please leave a message or name & number, we will call back)



Please ring for more information



## **Tree Warden Report**

David Potter

treewarden@papwortheverardpc.org.uk

## Tree Works in the village

Trees are beautiful and precious, so when we hear a chain saw in the woods or see work being undertaken to a tree we are understandably anxious and concerned. But trees and woods require

proper care and management to ensure healthy growth, public safety and continued amenity. There are designations to identify and protect the most important trees and procedures to regulate any proposed tree works, both administered by the local planning authority (more information on the District Council website – www. scambs.gov.uk).

Many of the trees and woods around Papworth are managed and owned by the Varrier Jones Foundation (VJF). After some years of apparent neglect, VJF are now undertaking a programme of direct management for the trees on their estate. The Operations Coordinator for the Foundation has issued a statement to explain the programme. Work started on 10th January. Here is the statement.

'Hayden's Arboricultural Consultants were commissioned by the Varrier-Jones Foundation to provide a Health & Safety Tree Survey of selected land under their ownership. The purpose of the tree survey was to identify any hazards posed by trees to persons or property, and to provide a schedule of appropriate tree works to remove the risk of an incident occurring. The surveying work concluded in June and the tree surgery was planned for the winter months, giving adequate time to secure the permission from the local planning authority to undertake the works where they pertain to trees within Conservation Areas and those covered by a Tree Preservation Order. Charlie Vince Tree Surgery were selected as the company to undertake the works, who began on 10th January. The works will be periodically checked by Haydens Arboricultural Consultants to ensure all works are completed to specification. There are further tree works planned, once again in the interest of Health and Safety, in the SSSI Papworth Woods. However, securing permission from Natural England and the Forestry Commission is taking longer than anticipated. A full set of documents from Haydens was supplied to The Varrier-Jones Foundation and Charlie Vince Tree Surgery, which detail on a map, each tree requiring works and how urgently, which ties in with the report proper and the Schedule of Trees which is an appendix to the report.'

### Queen's Platinum Jubilee

One of my early objectives as Tree Warden is to organise the planting of a commemorative tree to mark the Queen's Platinum Jubilee. I am pleased to report good progress in that the Varrier Jones Foundation has agreed this can happen on, the most appropriately named, Jubilee Green. I am working on the details of the event and I hope that the school and local organisations can be involved with this.

### Winter Woods

One of my favourite winter poems is by Robert Frost – 'Stopping by Woods on a Snowy Evening'. Here is the first verse. I hope you can track down the full poem.

'Whose woods these are I think I know. His house is in the village though; He will not see me stopping here To watch his woods fill up with snow.'





The Willow on the corner of Chequers Lane, in 2020 and today. I wonder why the ivy was not removed when they lopped the branches. Will the tree ever be as beautiful again?

**Church Notice** 

# Services in February

6th Feb. 10.00 Team Service on ZOOM
13th Feb. 10.30 Holy Communion
20th Feb. 10.30 Family Worship
27th Feb. 10.30 Holy Communion
6th March - 10am Team Zoom Service



### 'Love is in the air!'

So goes the song; it may be what some are thinking as we approach 'Valentine's Day'! For Christians love is an important concept, meant to translate into profound and personal behaviour because it speaks of sacrifice taking preference over self-fulfilment, service ahead of satisfaction. At its best, love for others is intended to echo and mirror God's love for all humankind.

This helps us to understand a conversation Jesus had when someone approached him asking to know what he had to do to secure his future with God. When asked, the chap said he believed he was already meeting the requirements laid down by his religious background – fulfilling the 10 commandments and loving his neighbour as himself. Then he asks: 'What do I still lack?' In response, Jesus identifies his attachment to material wealth and a comfortable lifestyle as the thing he needed to address – not because they were evil or wrong in themselves, but because they were taking preference over his readiness to love and obey God.

Across the world COVID has forced us to assess again what we value most; as another songwriter put it: 'Don't know what you got till it's gone...' Some of the re-assessment forced upon us has been deeply painful and costly, other parts could well have been liberating and illuminating. A lot of what we have yearned for is in the area of relationships – re-connecting with those from who we have been separated, being able to book a meal out, perhaps a holiday with loved ones and the confidence to re-start activities which were previously at the centre of what we do with other people.

For some the pandemic has lasted so long things will never be the same again. There have been bereavements, health issues have bubbled up and changed the way we live, jobs and businesses have gone to the wall etc. This is where true, service-oriented, and selfless love can fill a gaping hole; often in seemingly small ways that help those who are struggling to know they are not forgotten, there are others close by who care and can come alongside them.

One of the benefits and challenges of living in a small or smallish village is it's generally easier to see when and with whom we can do something to make a difference. Very often the thing that holds us back from stepping up and offering support is a misplaced (often) anxiety we may be interfering whereas the person in need of help may be crying out, silently, aching for someone to notice and just do something.

Feeling helpless is very debilitating; equally someone else's need can become others' opportunity to make a difference and reflect something of the 'God-shaped dna' embedded in us as human beings. Let's not leave things as sentiments just hangin' in the air; rather let's stir up our capacity to love others genuinely. You don't have to become super-religious to do it; but taking seriously the Christian heritage many of us have can be a valuable wake-up call and source of fresh inspiration. **Nigel di Castiglione - Team Rector** Page 6

## Roman Catholic Mass

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(Latin Rite)

### Every Saturday at 5.00 pm

Please consult our parish website for other times and more information

### www.stmichaelrc.org



### February at Hilton Methodist Church

February 6th. 10:00 Mr John Green

February 13th. 11:15 United Service at Hilton Parish Church.

February 20th. 10:00 Rev. Pam Siddall

February 27th. 10:00 Dr. Roland Randall

We regret that there will be no refreshments after the services nor regular coffee mornings for the time being

### **News from Papworth Surgery**



### Covid

Masks: That again! But as rules are relaxing, we remind patients that we still would like everyone to wear a mask in the surgery. Omicron remains prevalent and extremely infectious: it is estimated that someone with Omicron can infect 5-7 un-immunised people; as high as measles. So, whilst Omicron appears not as serious as previous versions of the virus for most people, it does still represent a threat to those who have poor health (who may well be visiting the surgery), and we don't want to be a site of spreading the disease.



mostly during the Christmas week. We have however noticed considerable and

perhaps understandable reluctance for teenagers to have Covid immunisations.

### Staff changes

Nurse Jenny Arshed was ready for a change after 10 years with us, and departed in January to go and work at Bourn Hall. Our loss is their gain! She is replaced by nurse Kelly Darwin, an experienced practice nurse, who starts with us in February.

One of our very efficient secretaries Sarah Ashley has departed too for pastures new, and she has been replaced by internal staff moves: Juliana Westcott-Rudd is taking up the biro and trying to work out what doctors are muttering in their recorded dictations.

Welcome too to Helen Upton who has started on reception. Receptionist Karen Froment is moving sideways and is starting training as a Healthcare Assistant, so she will soon be taking blood, doing blood pressures, ECGs, and dressings.



### And finally:

Many will now be familiar with this news, as I have threatened it for a while! After very nearly 33 years as a partner at Papworth, I am retiring from the Practice on 31st March. It has been a most satisfying career, full of interest, and lots challenges, and hundreds lovely people. I have witnessed families grow up, shared some of their anxieties and crises, seen their children have families themselves, and seen the elder generation grow older and often wiser. It has been

a great privilege to work amongst you all for such a long time.

And how medicine. Papworth, and General Practice, have all changed in those years! In 1989 the village had just 1,500 residents (4,600 now) and consisted largely of Papworth Hall, a line of arev pebbledash houses either side of Ermine Street, plus Papworth Industries in various warehouse buildings in the centre of the village; the last remaining one, the old Printworks, now nearing regeneration and a new lease of life.

There were no mobile phones in 1989, we did our own on-call, and my wife took calls in evenings and weekends. At those times I would leave a list of the visits I was making, together with the home phone numbers, and if I was needed she would ring round to the houses I was visiting and try to catch me.

There were no computers either; we wrote short notes in brown card wallets that were the patient's notes. We didn't write much either; just a couple of lines of (largely indecipherable) scrawl. We dictated letters to our secretary who had an office in Papworth Hall (there was no room for her in our small premises in Haynes-Owen Place); she took it down in shorthand and returned the next day with letters typed for signature; they were sent by post to the hospitals, and waiting times could be as long as 4 years for hip replacements.

Patients needing a repeat of their regular medication turned up to the surgery with their empty bottles of pills, which were refilled from pots of 1,000. The dispenser hand-wrote prescriptions for these refills, and the GPs signed a big pile at the end of each week. But we didn't treat that many diseases, and few people took much medication. For instance, cholesterol had not been thought of as a problem, and there was no effective treatment in any case. Blood pressure was ok as long as it was about 100 plus your age, for the higher number. Those who had heart attacks were admitted to hospital, but they were merely offered pain relief and they took their chances; opening up blocked arteries had not yet been imagined. In fact elderly folk with heart attacks were often left at home after a shot of morphine, and the GP would come and see them again the next day if they were still alive.

Life was truly a bit simpler; there were few "guidelines" that had to be followed; NICE did not exist, and people were pretty tolerant of hardship and disability, and managed many illnesses without input from GPs: perhaps as we had little effective to offer! We didn't do many blood tests, and GPs could not order X Rays; CT scans had yet to be invented. So far from the "Amazon Prime" instant gratification that we all experience now!

But with my departure (and fond memories of a bygone age through rose-tinted spectacles!) all is not lost! A new partner starts with us in February; Dr Clare Routledge. She qualified in the same year as Dr Coulson, and has been working as a salaried GP in Sawston with the Granta group. All the GPs at Papworth will now be youthful, knowledgeable and thoughtful, so that I am confident that the Practice will thrive and patients will have excellent care.

David Cronk

Page 7

## **News from Papworth Library**

Spring is round the corner, and along with longer days is bringing events to Papworth Library, reintroduced within the latest government COVID safety guidelines which Cambridgeshire Libraries continue to follow. Next time you visit the library do pick up a copy of our What's On brochure to find out what's happening at the libraries around the county in the weeks and months ahead.

First up for Papworth is a Library Service event, Your Library: What's in it for You?, to be held at Papworth Library on Thursday 10 February 10am – 11.30am. Find out about your library service; you may be surprised by all we offer! An informal talk will be followed by refreshments. Please book your free ticket in the library, or email BarHill.referral@cambridgeshire.gov.uk (suggested donation £1).

Next, we have a visit from children's author Charlie Bown visiting Papworth Library on Saturday 19 February from 11am – 11.45am. Charlie, who's author of There's a Poem in my Dungarees! will give a reading and author talk on 'Funny poems, silly poems, poems which make you think and poems which cause a stink.' Come along to the library at any point during Charlie's visit for this children's poetry reading and for a chat with the author. There will also be a chance to buy a signed copy of Charlie's book. This event is free too.

In a further exciting development the library is to host one of The Library Presents programmes; we don't have dates or exact detail yet, but we're set to welcome theatre company Lantern Light for a thrilling adventure with Miss Sherlock Holmes and her loyal companion Dr Jane Watson. Across three separate evenings, Miss Holmes is visited at home by: a desperate woman searching for her boyfriend, a terrified robbery victim and the dark and deadly villain known only as 'The Colonel'. This event is a

rarely performed series of short 19th century Sherlock Holmes plays set in contemporary London, and bookended with the story of how homeless teenager, Billie, came to live and work with the famous detective and her friend. The work was originally commissioned by the Conan Doyle Collection in 2019, and is on tour in 2022. Watch this space for more.

And lastly, to remind you to mark Saturday March 26, 10am – 1pm down in your diaries to join us for a celebration of the library's 21st birthday, with detail to come.

In other news, 7th-13th February is Children's Mental Health Week. We have lots of supportive books in our Reading Well for Children collection to help younger readers understand their feelings – we'll be glad to help you find the right one for your child. And February is LGBTQ+ History Month - celebrate the rainbow with us by choosing from our LGBTQ+ authors and titles.

Our opening hours remain the same: Tuesday 10am – 1pm, and 2pm – 5pm; Wednesday 10am – 1pm, Thurs 2pm – 5pm and Sat 10pm – 1pm.

Contact details: web address: www. cambridgeshire.gov.uk/library, tel 0345 045 5225, and email: your.library@ cambridgeshire.gov.uk

See Engage poster on page 14



## PAPWORTH LIBRARY OPENING HOURS

Closed - Monday and Friday

### Open

Tuesday - 10.00 to 13.00

14.00 to 17.00

Wednesday - 10.00 to 13.00

Thursday - 14.00 to 17.00

Saturday - 10.00 to 13.00

### Telephone: 0345 045 5225

Web renewals:

www.cambridgeshire.gov.uk/ leisure/libraries

### **Papworth Craft**

MEETINGS EVERY FIRST AND THIRD SATURDAYSOF THE MONTH

10:30 - 12:30 AT PAPWORTH LIBRARY

### MEETINGS RESUME ON 5 March 2022 OPEN TO ALL, NO MEMBERSHIP FEE

It is almost two years since the last meeting of the Papworth Craft Group and it seemed as if it would be some time before meetings could resume. However, with the lifting of all restrictions from 27 January, it has been decided that the group can once again meet on the first and third Saturdays of the month. The first meeting will be on 5 March 2022 in the Papworth Library at 10:30.

The privations of the pandemic have affected everyone in many different ways. It is well documented that there has been a increase in people taking up different handcrafts such as knitting, crochet, cross stitch, patchwork and embroidery and more besides. Will this trend be evident with new members, when the craft group reconvenes on 5 March? If you would like to spend two hours, free of all domestic distractions, 'crafting' alongside like-minded people, then give the Papworth Craft Group a try. There is plenty of help available for novices. If you have just started to learn to knit or crochet, there are several members who are very experienced and will be delighted to solve your knitting and crochet problems. Help with cross stitch is also available. Bring along a friend or family member. You can just drop in for a chat,

check us out and see if you would like to join.

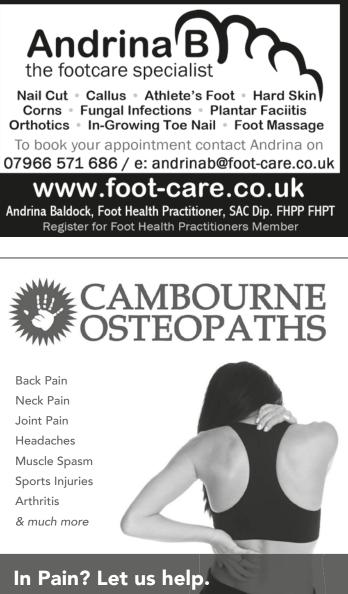
Hopefully those who were regulars at the group before the pandemic will rejoin and bring along some of the projects completed over the past two years for the group to admire!

Regular or occasional readers of this column will know that the group has an ongoing project for charity blankets made from 20 cm x 20 cm - (8 inches x 8 inches) - knitted squares. These have been made using yarn that has been donated by generous people in the village. The stash has been restocked recently, so if you would like to make some squares but you do not have any yarn, please contact Rosalind Parnell at parnellrh@aol.com. If you have knitted some squares, you can bring them to the library on the days when the group meets.

This is a good moment to mention that the Papworth Craft Group is a Community Project, generously hosted by the Papworth library. Rural libraries are constantly under threat of closure and footfall really counts. Attending sessions of the Papworth Craft Group increases footfall. Why not combine a visit to the Papworth Craft Group with changing your library books?

After such a long wait, it is welcome news that the Papworth Craft Group has the green light for meetings to resume - Saturday 5 March 10:30 - 12:30 at the Papworth Library **Save the date**.

Have a good February and stay well and stay safe



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### **Classified & Notices**



Papworth Library Engage Talk Thursday 10th February, 10:00am-11:30am

"Your Library: what's in it for you?"

Find out about our enhanced library service you may be surprised by all that we offer!

Refreshments provided and donations gratefully received, suggestion £1







#### Housing Office - Upper Pendrill Court

Please note that the Housing Office at Upper Pendrill Court is still closed to visitors. The Housing and Maintenance Team continue to work from home with limited access to the Office. There may be occasions whereby your Housing Officer asks you to attend the Office for an arranged appointment. In these instances, please take the following precautions:

Do not attend if you feel unwell, have symptoms or have recently tested positive for Covid-19

Wear a face mask or covering

Handwash or sanitise hands regularly

Right to Buy

The Right to Buy scheme was introduced in 1980 to provide eligible social housing tenants with the opportunity to buy their home at a discount. The scheme is predominantly for those tenants that live in Council owned properties and at this time most housing association tenants do not have a right to buy their home.

More information about the Right to Buy scheme can be found on the Government website at www.gov.uk/ right-to-buy-buying-your-council-home

There is also a handy eligibility check tool where you answer six questions and receive an immediate yes or no answer. This can be found at www.ownyourhome.gov.uk/all-schemes/eligibility-quiz/

### Gutter Cleaning

Papworth Trust recently completed a tender process whereby external contractors bid for a contract to clean and maintain the gutters to tenants' homes. We are pleased to announce that a 4-year contract has been awarded to The Gutter Clean Company with each home having their gutters cleaned once every 2 years. A programme of works has been scheduled with the work starting in January in Papworth Everard. Tenants will be contacted by the Contractor to confirm access to external areas of their properties.

#### Docwra Road & Malory Place Playparks

The Docwra Road and Malory Place playparks may be closed for two days during early March for necessary tarmac works to be completed. Follow the Trust on Facebook or Twitter for up to date communications regarding the specific dates that work will take place.

#### Social Media

Do you follow us on social media? Papworth Trust have an official Facebook and Twitter page and these are useful tools to be kept updated on the latest communications from the Trust. For our housing tenants we often post about works that might be taking place in the village, important information that our tenants should know about and sometimes job opportunities.



Page 14

### THE PAPWORTH RUNNERS 13.1 ACTIVITY CHALLENGE

## **Can you complete the 13.1 activity challenge?** You can set your own challenge..... it may be to go out for a walk, scoot, run or your choice of activity. You can set yourself a distance goal or just to be active. Each time you complete your activity

colour in one section of the dragon until all13.1 parts are coloured in (ALL AGES)



Once completed please email a picture of your dragon to <u>papworthrunners@outlook.com</u> and if you are able to, make a small donation on the following page supporting local runners who are running the Cambridge half marathon for the Anthony Nolan Trust. Make sure you leave your name and address when sending a picture of your dragon and you will receive a special medal for your achievements (Papworth residents only). Deadline for pictures is Sunday 6<sup>th</sup> March (the date of the Cambridge half marathon) <u>https://www.justgiving.com/fundraising/teamelliean</u>

## **Fundraising for Anthony Nolan**

In October 2020, Ellie Bray who lives in Papworth was diagnosed with Leukaemia at aged 16. After 4 rounds of intensive chemotherapy over 6 months, Ellie responded so well and by February 2021 she was in remission and had finished treatment.

Ellie had the best few months over the summer of 2021 but in July, Ellie found out that her leukaemia wasn't done with her yet and she had relapsed. Now her only option was to have more chemotherapy followed by a stem cell transplant. The strong chemo with horrible side effects got Ellie straight back into remission and now the next step was a stem cell transplant. A stem cell transplant is basically replacing her blood making system with a healthy donor's blood making system. Ellie's brother Harry and sister Emma sadly weren't a match.

This is where the charity Anthony Nolan stepped in....

After one donor failed a medical and weeks of worry, an incredible 12/12 match was found for Ellie!! Her match was a 26-yearold girl who had an injection every day for 4 days before sitting in a hospital in Germany and donating millions of her own cells. On





3rd December 2021, Ellie finally received her magic cells and is now at home recovering.

Even though Ellie takes everything in her stride, the treatment is gruelling. The side effects from the chemotherapy, different drugs and bone marrow biopsies make her feel so poorly. She has spent over 100 days in hospital over the last year and she even spent her 18th birthday in hospital.

To show some support for Ellie who is undergoing this treatment with a long road to recovery, 14 of her family and friends are going to be running the Cambridge Half Marathon on 6th March 2022. Many of us live in Papworth.

We would be so grateful if you could donate anything you are able to and help Anthony Nolan continue their amazing work.

And of course, if you're aged 16-30, PLEASE join the stem cell register https://www.anthonynolan.org/help-save-a-life/ join-stem-cell-register. If you're over aged 16, you can join the DKMS Register, https://www.dkms.org.uk/register-now.

Every day, Anthony Nolan saves the lives of people with a blood cancer or blood disorder. They do this by matching incredible individuals willing to donate their stem cells to people who desperately need a lifesaving transplant.

They also carry out cutting edge scientific research, fund specialist post-transplant nurses and support patients and their families through the transplant process and beyond. Their research means that the success rate of stem cell transplants continue to improve and save the lives of people like Ellie.

www.justgiving.com/teamelliean