

The Community Newsletter for Papworth Everard



**MAY 2023** 

**1750 Copies Distributed Monthly** 

**ISSUE NO. 05-23** 

# Happy 100th Birthday Nancy

See Page 2 for full dtails

#### USEFUL CONTACTS

News & Views Janet/Peter Dobson janetpendrill@gmail.com

**POLICE COMMUNITY - SUPPORT OFFICER** Emergency - 999 - Non Emergency - 101

Community Fire Safety Officer 01954 714030 - Mondays Only Emergency 999

South Cambridgeshire District Council 03450 450500 - 01954 713000

> PARISH CLERK - VILLAGE HALL 01480 830360 clerk@papwortheverardpc.org.uk

> > **Doctors Surgery** 01480 830888

THE TEAM RECTOR 01480 839933 or 07710661003

HILTON METHODIST CHURCH Minister Rev. Sue Baker-Maher Telephone 01480 473444

PENDRAGON PRIMARY SCHOOL 01480 830267

PENDRAGON PRE-SCHOOL 01480 830267 - Option 4

PAPWORTH TRUST DISABILITY CHARITY 01480 357200

PAPWORTH TRUST HOUSING MAINTENANCE 0330 678 0008

> PAPWORTH FC - BRYAN JOHNSON 01480 830768

BLASTERS - COLTS FOOTBALL Alison - 07907 995924 mail@papworthblasters.com

TENNIS papworthtennis@hotmail.co.

BowLs Dave Richardson - 01480 830867

> CAMBS TAI CHI CLUB www.cambs-taichi.org.uk 07415 267908

THE VARRIER JONES FOUNDATION 01480 831801

> THE ASTRONOMY CLUB 01480 830729 peter@cheere.myzen.co.uk

> ALLOTMENT ASSOCIATION enquiries.peaa@gmail.com

> > **PAPWORTH LIBRARY** 0345 045 5225

PAPWORTH EVERARD WOMEN'S INSTITUTE Pat Martin - 01480 350355 e-mail pat@woodpecker6.co.uk

> VARRIER JONES SOCIAL CLUB Audry Reid - 01480 831053

PAPWORTH COMMUNITY GROUP www.papworthcommunity.co.uk papworthcommunityweb@gmail.com 07469 876467

> **PAPWORTH CO-OP** 01480 831569

# A Telegapm from the King and Queen

On the 7th March 2023 Nancy Lebid reach the impressive age of 100 years old. Nancy was born in Huddersfield and has lived in Guernsey and Kent before moving to Papworth in 1957 Nancy was one of the original TB patients, or Beneficiaries, brought to Papworth to access the treatment provided here. Soon after arriving in Papworth Nanny met the love of her life and soul mate Fed. Nanny and Fed were married until 2002 when Fed died after 43 years of marriage.



Nancy has always been an intensely private person but also a very active one. Nanny stopped shopping in Morrison only 5 years ago because she was getting tired walking around the store. Nancy is still very active both physically and very sharp psychologically with discussion regarding politics, the Royals, religion and Putin being a regular conversations.

The people who have regular contact with Nancy are extremely lucky and fortunate to know such a wonderful and dynamic Lady. We have learnt so much from Nancy and will continue to learn so much more in the future.

<b>BIN COLLECTION DATES</b>			
Fri 5 May 2023	$\checkmark$		
Thu 11 May 2023		✓	<b>v</b>
Thu 18 May 2023	$\checkmark$		
Thu 25 May 2023		✓	<b>v</b>
Fri 2 Jun 2023	✓		
Thu 8 Jun 2023		✓	<b>v</b>
Thu 15 Jun 2023	$\checkmark$		

Please Note: dates highlighted in red denote different collection day

# **CONTACT DETAILS NEWS & VIEWS**

www.newsandviewspapworth.co.uk - janetpendrill@gmail.com

Deadline for next edition is Wed 24h May



The children and staff at Pendragon have burst into the summer term with enthusiasm.



Year 2 had a Great Fire of London day. Master John came to our school to tell us about life in the 17th century. The children dressed up as people from 1666 and tried lots of different jobs that were common at the time such as

perfumer, apothecary, scrivener (scribe), barber/surgeon, weaver, sewer, metal worker and chandler (candle-maker).

A group of children from Year 5 were selected to represent our



school for the Year 5 maths' challenge. Our school was chosen to host the event and our group were presented with a certificate for excellent estimation!

In Year 1 the children have been learning all about pets and have a

number of special visitors to help them understand the needs of these animals.

The whole school is gearing up to celebrate the King's Coronation and will be having a delicious afternoon tea themed lunch as well as the children entering lots of competitions.



# Friends of Pendragon Primary School

Friends of Pendragon are pleased to have provided 8 table tennis bats and 50 balls for the students to start using for fun physical activity this summer term.

Booking is now open for the Quiz night on 10th June. Tickets cost £8.50 per person which includes entry into the raffle. Teams are maximum of 8, individuals and small groups are welcome, we can make up a team for you. Get your team together, bring



along your own drinks and snacks and put your general knowledge to the test, for a fun-filled evening. To book your team, scan the QR code to be taken straight to the booking form.

Planning is well underway for the Summer Fiesta on 7th July – we have lots of ideas for stalls, music, face painting, traditional games, delicious food and much more. We are looking for local business sponsors for the fete, if you would like to be part of this fantastic community event and support Friends, please get in touch for more details, we would love to hear from you.

The next Friends meeting will be held on 9th May, we would love to welcome some new members, please get in touch at friends@ pendragon.cambs.sch.uk to let us know you are coming along.

Follow the Friends of Pendragon Facebook page to keep up to date with all these events!





# May 2023 Repairs and Maintenance

We have lots of work we are planning

to do to homes, including spending £5.5

Registered Charity No: 1044680

million on improvements to the properties from 2023/24 - 2025/26.

This includes:

- 60 new bathroom or wet rooms
- 71 new kitchens
- 52 electrical systems or re-wires
- 73 new heating systems or boilers
- 169 new windows and doors

We will be sending out further information and if your home is due to have work completed, we will be in contact with you to discuss the next steps.

#### **Cost of Living**

We recognise there remains a continuing struggle with the rising cost of living. We are here to help and if you need advice about paying your rent or if you are worried about your finances then please get in contact with us. You can do this by:

Calling your Housing Officer on 0330 678 0008 option 2

Emailing housing@papworthtrust.org.uk

Please do contact us if you are experiencing any problems paying

# **Papworth Library**



# Papworth Library Talk

# Thursday 11th May 10am-11.30am "Bees in the Garden"

Colin Bell, Local Beekeeper joins us to talk about honey bees, pollinators and the effect climate change is having on our insect population.

Refreshments offered. Suggested donation of £1+ gratefully received to help cover costs

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your rent or other household bills. We can arrange to speak to you in a way and at a time that suits you.

Coffee with your local neighbourhood Police team

On 23 May between 2pm and 3pm you are invited to have a coffee with your local neighbourhood Police team. PCSO Chris Wiseman and PCSO Lindsay Gardiner will be available for you to talk to about any local issues. The session will take place from the communal room at Bradbury Court.

For more information please contact Tracey Croucher by email at tenantengagement@papworthtrust.co.uk or by telephone on 0330 678 0008 option 2.

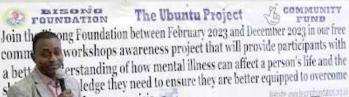
#### Time for Tenants

For 2023 the Trust would like to offer tenants the opportunity to speak to a member of the Executive Team face to face on a monthly basis. Time for Tenants sessions will take place once a month on a Saturday, between 10am and 12noon.

For more information regarding dates and venues please contact Tracey Croucher by email at tenantengagement@papworthtrust. co.uk by telephone on 0330 678 0008 option 2 and they can also be found on our website https://www.papworthtrust.org.uk/ tenant-involvement/



# The Ubuntu Support Project





Ongoing free workshops organised by Bisong to increase the understanding of common mental health conditions, including how or when it might suffer, and what you can do about it. According to NHS England, there is a growing mental health crisis across the UK with at least one in four people experiencing some form of mental health crisis each year, and suffering in silence. We are encouraging everyone to join us and benefit from workshops that are being facilitated by qualified mental health practitioners. During the workshops, videos on mental health will be projected and participants will be encouraged to discuss the issues they face, with role play, questions and answer sessions.

Our next workshop is on Saturday 13 May 2023 at Newmarket Road, Cambridge CB5 8RS, from 3:30PM – 6:30PM. Please contact us on: 07956 057504, 07585 112424, 07445 842529 to join the workshop.







# Papworth Everard Parish Council Report

Parish Clerk: Sarah Cruse Telephone: (01480) 830360 E-mail: clerk@papwortheverardpc.org.uk

#### **Annual Parish Meeting**

Just a reminder that the Parish Council will be holding its Annual Parish Meeting on Wednesday 24th May at 7.30pm in the Village Hall. The meeting is open to all residents of the Village and is a chance to hear what the Parish Council has been up to over the last year, plans for the coming year and for electors to have their say on anything which they consider is important to the people of the parish.

The Parish Council still has a couple of vacancies to bring us up to the full complement of 13, so if you have a real interest in the village or are new to the village and want to get more involved why not come along to the meeting and stop to chat with one or more of our Councillors and see if it's for you?

We're looking for people who can rise to the challenge and make a commitment to improving the quality of life for everybody in our village, no matter what your age or experience.

Knowledge and previous experience aren't essential, training is available and existing members have a wealth of experience they are willing to share. The essential element is enthusiasm and a willingness to work as a member of our team to make a difference to our village.

We hold 11 Parish Council meetings per year and in addition you will be required to become a member of one or more of our subcommittees and will be able to get involved in working groups looking at specific projects if you wish.

There is more information about what the council does and eligibility criteria for becoming a Councillor on the Parish Council website.

We hope to see you there !

#### **Paddling Pool Attendants**

Thank you for those of you who have enquired about the position of Pool Attendant to maintain the paddling pool over the summer period. We are still looking for a few additional people to share WWthe role.

The job is for approximately 5-6 hours spread out over the day from early morning until early evening, 7 days a week and is therefore ideal for job sharing (Aged 18+)

This is a paid position

All necessary training will be provided

If you are interested and willing to commit a few hours a day to help over the Summer period, please register your interest with the Parish Clerk on 01480 830360 or by email clerk@ papwortheverardpc.org.uk

#### Multi – Use Games Area (MUGA)

It has been brought to our attention that some people are using the Multi Use Games Area to allow their dogs to run freely in an enclosed space. Please note that this is a games area and the Parish Council kindly request that the courts are not used for exercising dogs.

#### **Cricket Update**

Papworth Cricket Club is active and looking forward to playing in the league this season, starting this month.

The club is now running practice sessions and are looking for more cricket enthusiasts to join the team.

If you wish to join the club as a player or have time to help behind the scenes, please contact :

Paulson Xavier: 07729276366

Alan Carter: 07983617703







Our new indoor/outdoor **Cambourne** site and existing indoor **St Neots** site both offer easy 24/7 access via the **A428**, **A1** and **A14** 



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# **Church Notice**

# **St Peter's Church – May Services**

Sunday 7th 10am – Zoom Service Sunday 14th - 10.30am –Holy Communion Sunday 21st - 10.30am – Family Service Sunday 28th – 10.30am – Holy Communion (Pentecost)

The website papworthteamchurches.org has up to date service information for St Peter's Church and other churches in the team. It also has the Zoom link for the monthly Team Service (This month it is Sunday 7th May, - 10.00am – Zoom church) and Bible Study and Morning Prayer.



# Please pray for our King and Queen

This time last year we were gearing up to mark the Queen's special jubilee; now we are days away from the coronation of Charles as King and his wife Camilla as Queen. Over the same period, we have had 3 Prime Ministers, had to tighten our belts through the cost-of-living crisis, borne exponential increases in utility bills, endured

a winter of widespread strikes in key employment sectors, seen no sign of the end of war in Ukraine and watched in horror at the terrible consequences of earthquakes in Turkey and Syria.

Last summer, only a few weeks after the Queen's jubilee celebrations, Annie and visited Sandringham, for the first time. The tour of the house ended at that time in a room dedicated to landmarks in her reign and included the opportunity to watch her first televised Christmas address to the nation and Commonwealth. It was very moving. However, the thing I remember most about that visit (it certainly was not the local church which, to me, was a great disappointment) was how on entering the house we were given a set of headphones that gave us a very helpful tour through each of the rooms we were allowed to see; which meant there was no hubbub of noise and a great sense of peace in the whole building. It left me wondering whether that was just the impact of technology set aside for our use or also the impact of the Queen on what we knew to be one of her favourite homes?

When, a couple of months later, we heard the news of the Queen's death and Charles' accession, with those moving photographs of her final public appointment at Balmoral Castle, I was struck, again by how one of the nation's most-loved grandmas had finished well, never given up and left us with a smile that spoke of her personal warmth and sublime wisdom in equal measure.

Most of us are unlikely to meet the new King and Queen, but (whether we are royalist or more inclined to republicanism) their tenure at Buckingham Palace and the signals they give to the world will have a major impact on our lives, on the nation and on millions around the world. We had grown used to seeing the late Queen age gracefully, so it seems somewhat strange to think of our new King taking up his life's calling in his mid-70s; there are some vocations where there is no such thing as retirement, and

# **Roman Catholic Mass**

(Latin Rite) Mass is celebrated at

#### St Michael's, Huntingdon

on Saturday at 6.00 pm and

on Sunday at 9.00 and 11.00

with a Polish Mass at 3.30 pm

For more information please go to www.stmichaelrc.org

usually these people have to work that through in the full glare of the world's watching media! They deserve our prayers and good wishes.

Locally, there will be a range of community events in villages served by the Papworth Team Ministry which seems to fit the national messaging for the focus of that weekend. In addition, we are offering a Service on Sunday 7th May in Kingston Church at 10.30am to which all are welcome.

> Nigel di Castiglione Team Rector



Proceeds in aid of East Anglia's Children's Hospices (EACH).

# OUR LADY OF LOURDES AND ST JOHN FISHER PARISH

Contact Details: Tel: 01223 832397; Mobile: 07754-227468. Email: cambourne.sawston@rcdea.org.uk Website: www.Cambournrc.com

Mass Times: Saturday Vigil Mass 5pm, Sunday 5pm, Mon -Wed 12.30, Thurs – Fri 6.30pm in the Church Building Cambourne.

Facebook: www.facebook.com/Cambourne.Sawston. YouTube: Our Lady of Lourdes and Saint John Fisher Parish

Easter has been a very busy time for the Catholic parish of SJF. We have celebrated a plethora of cultures within our church, starting with St Patricks Day in mid-March. Holy Week started with the 'Pesaha' on Maundy Thursday, this is a tradition celebrated in Kerala India, where the priest or head of the family blesses the firm rice cake that St Thomas made, this is then shared amongst the family or families and in our case many parishioners.

On Holy Saturday, we celebrated' Swieconka', a traditional Polish celebration when Easter baskets are blessed, the baskets are filled with breads, sausage, and treats representing the abundance of God's love and generosity. Sixty plus people attended this event, the Polish community were very grateful to be able to celebrate Swieconka together. On the same day at the Vigil Mass, we lit the 'Easter Fire' a symbolic event representing Jesus as the light of the world...Alleluia, Alleluia, He is Risen!

We all feel truly blessed at the sharing of different cultural traditions within our Catholic church community. Moving forward we are all looking forward to several children in our parish making their first communion in the coming months, please keep them and the confirmation children in your prayers.

SAVE	SUMMER FETE
<sup>7 JULY</sup> <b>2023</b>	THE
DATE	PENDRAGON SCHOOL

# Papworth Everard INSPIRING WOMEN Womens Institute

It's the start of a new year at the WI which saw some changes on the committee. Pat Martin stood down as the President after guiding us through the covid years, and Gill Bywater also stood down. We would like to thank them both for being such a huge part of the committee and will miss their positivity.

We send out special thanks to Sarah Toon for joining the committee as the Treasurer, and Charlotte Pattle for coming forward and becoming the new President.

With the new committee now in place we are looking forward to the next few years ahead of us.



We kicked off the new year with a local guest who is a childrens author and actor. Rupert Proctor who has starred in Notting Hill, Peaky Blinders, Silent Witness and The Bill. to name a few. joined us to talk about his childrens book The Legend of the Goose Girl. He gave an enthralling talk with lots of questions answered at the end. Several members bought copies of the book at the end of the evening. With his enthusiasm and wit he

was the perfect start to the new year for us all.



Several members went along to the Cambridge Federation Annual Meeting which was held in Comberton this year. The speakers this year were the owners of Fitzbillies in Cambridge. They spoke about the history of Fitzbillies since it opened in 1920, how they took it on in 2011, and how they've steered it through Covid to be the amazing bakers and cafe we have all loved throughout

the years. We all definitely went home dreaming of their famous chelsea buns!

In May's meeting we will be celebrating the Kings Coronation by having 'The Great Coronation Bake Off'. We cannot wait to sample all the lovely sweet, savoury or spicy bakes that the members bring along. There are some great prizes for each of the 3 categories, but the big questions have to be - Who will be crowned Star Baker, and will anyone get a Hollywood Handshake?

New members are always welcome to join us. We are a lovely group of friendly ladies and as long as you are over the age of 18, and female, a warm welcome awaits you. Why not pop along one month to see what the WI is all about? We organise theatre trips, day trips, and local lunches, and are creating sub groups at the moment to include a gardening club and book club. It's certainly not just about Jam and Jerusalem!

Follow our Facebook page for more details or contact us via our website www.papwortheverardwi.org.uk



# **Tree Warden Report**

David Potter treewarden@papwortheverardpc.org.uk

I hope you will have the opportunity to see the beautiful bluebells in Papworth Wood this month. Many insects reap the benefits of bluebells which flower earlier than many other plants. Woodland butterflies, bees and hoverflies all feed on their nectar.

There are numerous folklore tales

surrounding bluebells, many of which involve dark fairy magic! Bluebell woods are believed to be intricately woven with fairy enchantments and spells. It is said if you hear a bluebell ring you will be visited by a bad fairy. If you pick a bluebell, some say you will be led astray by fairies, wandering lost forevermore.

In the language of flowers it is said that bluebells are a symbol of humility, constancy, gratitude and everlasting love.

Bluebells can take years to recover from the damage caused by trampling and if their leaves are crushed they can be weakened as they can no longer photosynthesise.

The bluebell is protected under the Wildlife and Countryside Act (1981). This means digging up the plant or bulb in the countryside is prohibited.

My tree warden's alphabet has reached the letter 'L' and this is going to be L for Legend. Bluebells are an indicator plant of ancient woodland and such woodland is the home of myth and legend, where folk tales began. Trees can be mysterious and even frightening, especially at night. Many of the trees in Papworth are older than any person here. I wonder what sights they witnessed over the years, what stories could they tell?

Individual species of tree have become known for their healing

properties and, perhaps, even, their magical powers. Ash trees were thought to have healing properties, especially for children. New born babies would be given a spoonful of ash sap and sick children would be passed through a cleft of a tree or sapling in the hope that it might cure them.

Hazelnuts were associated with knowledge and wisdom. Aspen wood was thought to have magical powers of protection and was used for making shields and frequently planted near houses. Mountain ash or rowan tree was thought to be home to fairies due to its white flowers, therefore considered to act as protection against witchcraft and enchantment.

The May Queen is dressed in blossoms of hawthorn for May Day. The May King is also known as the Green Man and also wears hawthorn blossom. The hawthorn itself was regarded as a sacred tree and great misfortune was thought to come those who destroyed it.

Alder wood is said to protect the heart and chest. However, some people are said to fear alder trees because, when cut, the pale wood turns deep orange, giving the impression of bleeding.

There are also trees that have played their part in history. For example, Isaac Newton's apple tree at Woolsthorpe Manor (near Grantham), where, in 1666, he saw an apple fall and this encouraged his musing on the forces of gravity. Or, the hollow trunk of the massive oak tree in the middle of Sherwood Forest used by Robin Hood and his men as a hideout. Or the oak tree at Boscobel House (Shropshire), which is a descendent of the tree in which King Charles II hid from Cromwell's soldiers in 1651. This has been a popular story from history and there are now over 400 public houses across England with the name 'The Royal Oak'.



**Registered Charity** 

No: 1044680

### WINNIE AND ARTHUR

Winnie and Arthur are a married couple who come to The Day Centre each

week. I asked them for a few words to describe what they think of the Day Centre. Winnie said 'I love coming to The Day Centre

because I really enjoy it and there are really nice people there always ready to help'. Arthur said 'I really feel comfortable here and that I fit in easily. We came by car for a while, but now are picked up by the minibus'. So if you would like to join as a couple, or with a friend, why not

try a taster day (details below) On our Facebook page there is another good

quote about The Day Centre: 'My mother (Sylvia) absolutely loves the day centre. She has become so much more confident and can't wait for Tuesdays. Thanks to everyone who makes this happen, you are all amazing'.

The aim of the Day Centre is to provide a social event and a meal for elderly, isolated clients; in addition a day off for their carer, if applicable. There are no minimum age or ability requirements. So why not get away from the television with all the dreadful news and tedious adverts and have a break from it all on Tuesdays?

We offer a taster day for  $\pounds 5$  (normal price is  $\pounds 13$ ). Or you are very welcome to just come and see what we do and have a cup of tea. Please contact Jenny (number below).

Highlights of April have included tasty Fish and Chips from Luke's



here in Papworth, as our Chef, Jane has been enjoying a break in Spain. On 18th April we celebrated Winnie's birthday and very much enjoyed being entertained by Pauline who sang songs from the 40s to the 60s. On 25th we had another welcome visit

> from David and Anne Potter. David gave us a very interesting talk about the bible and we sang hymns accompanied by Anne on the Piano. We had Musical Bingo in the afternoon.

We have regular chair-based exercises led by one of our members, Carol; a weekly raffle; and lovely cakes baked by Sylvia.

If you are interested in joining the Day Centre or finding out more please phone Jenny (number below). Please note it is not now essential to be referred by your G.P. just give us a call. We also still welcome referrals from G.P.s and other Health and Social Care Professionals.

The details of how the Day Centre runs are below:

The cost is £13 per day including tea and coffee and a delicious two course meal cooked by our resident chef, Jane. We meet every Tuesday between 10am and 3pm in The Community Centre, The Close, Papworth Everard. The Centre is fully wheelchair accessible. Transport is available in certain cases.

Find us on Facebook: search 'Papworth and District Day Centre'.

If you would like to find out more about the Day Centre, why not call the following? We would love to hear from you.

Contact: Jenny on (01480) 492697 for further details, if there is no answer please leave a message or your name and number, and I will call back.



# **Varrier Jones Social Club**

Early April was a busy time for our Club. On the 5th we had a delightful trip to Milton Keynes Theatre to see Strictly the Musical. Together with Papworth and Hilton W.I's, an ex Nurses Association and family members, we filled a coach and had a good day out with lunch on the way. For our Club meeting on Friday 7th April Fish and Chips was the order of the day after which our Treasurer Eddie organised a varied quiz identifying pictures of older comedy shows, anagrams of past Prime Ministers and also tested our knowledge on what we knew about Papworth.

For our next meeting on 5th May, we shall be entertained by singer Fiona McLean and of course we shall be entering into the spirit of the Coronation with our red, white and blue. Why not come along and join us we would love to see you, (1.00 for 1.30.pm) in the Studio at Pendrill Court.

Unfortunately, after many years, we have found it necessary to increase our fees, the cost of entertainers has increased enormously. Our Annual membership remains at £5, but the monthly admission fee has been increased to £4 per member and £5 for visitors, which we believe is still good value for money.

# Have You Lost This Cat?



This lovely cat adopted adopted me last September. I live in Southbrooke Field. I worry that someone is missing him, I love him, but cannnot keep him as I am disabled. If this is your cat or can help me please contact me Stevie Collins.

My phone number is 01480839236 or e-mail steviecollins2029@ outlook.com

### Papworth Trust Disabled Residents asked to pay for their Security

#### Dear Editor

A few months ago a female disabled resident had a violent break-in at Southbrooke Field a site owned and managed by the Papworth Trust.

A man smashed a window while the resident was in bed, pulled her phone out of the socket and stole money from her purse.

Shortly afterwards, there was another attempted break in.

There was a police investigation of course, but residents are now very concerned for their safety and want some security lights and cameras at the site.

A meeting was held with police and the Papworth Trust, but the residents received a letter inviting them to pay for their own security measures.

Papworth Trust are doing nothing about it effectively, and it's left the residents upset, angry and feeling vulnerable.

The failies of the residents are not sure who to turn to - my brother is one of the residents there and is now locking himself in his flat.

Name supplied

# PAPWORTH CRAFT GROUP

MEETINGS EVERY FIRST AND THIRD SATURDAYS OF THE MONTH

#### 10:30 - 12:30 AT PAPWORTH LIBRARY

Access to the library on Saturdays is by the rear door adjacent to the Studio

Due to personal reasons, there are no craft notes this month. However, here is a gentle reminder about how you can help create charity blankets.

First up, this is a CALL FOR YARN. If anyone has some yarn that is surplus to requirements, your donations would be gratefully accepted. Yarn can be left with the librarian or brought to any of our bi-monthly meetings at the library.

#### SQUARES

If you would like to knit or crochet squares, they should measure 20 cm x 20 cm, (8 inches by 8 inches). Please sew in all the ends. If you find making squares 'square', a very efficient method is to knit them corner to corner. Start with one stitch and then increase by one stitch at the beginning of each row. When the sides measure 20 cm, decrease at the beginning of each row and knit into the back of the last stitch of every row also. Please bring any squares to the library. If you would like some yarn to make squares, please contact Rosalind Parnell at parnellrh@aol.com.

Enjoy the month of May! With three Bank Holidays there will be plenty of free time to work outside in the garden. Try taking your current project and work on it, sitting outside - however small your space - with your drink of choice.

Back to normal next month with news from the Papworth Craft Group.

Stay safe, stay well, be kind



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# www.foot-care.co.uk

Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT Register for Foot Health Practitioners Member



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#### A 1 HR WORKOUT IS JUST 4% OF YOUR DAY. NO EXCUSES. COME TRAIN WITH A SOLDIER – 20TH MAY

#### TAKE PART IN A FREE OF CHARGE FITNESS EVENT WITH A SERVING SOLDIER ON THE PAPWORTH EVERARD PLAYING FIELDS

STUART RONDEAU, a resident of Papworth and based with the Mission Ready Training Centre in Bassingbourn barracks, will take you through a fitness session that depicts what Soldiers may face on and off the battlefield where the carrying of equipment or dragging a casualty is required etc., and the type of exercises now conducted within the Army to avoid Musculoskeletal injuries.

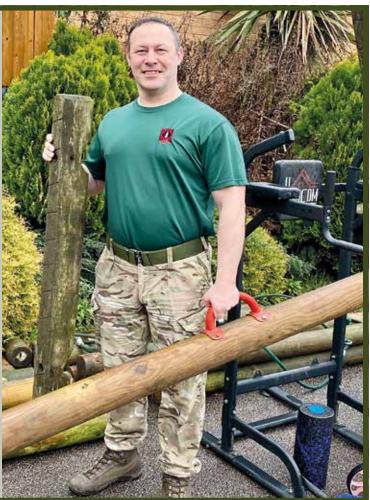
#### YOU'RE TIRED I'M TIRED NO ONE CARES WORK ON YOUR GOALS

IT HURTS BUT ONE DAY IT WILL BE YOUR WARM-UP

Do not worry about having to do arduous tasks on the event. This is a fun and a do what you can event to lose some pounds and aid in furthering strength, endurance & flexibility. FREE OF CHARGE TO ALL MALES & FEMALES OVER 13YRS OF AGE. Those under 18 must be accompanied by a legal next of kin or guardian. The event will take place every other Saturday morning, starting on the 20th May. These sessions are weather dependent, therefore please look on the Papworth community and Facebook site along with the News and views for announcements and amendments to dates. There is also a no obligation donation request of whatever you feel to give towards Friends of Pendragon and the British Heart foundation.

ALSO BE ON THE LOOKOUT FOR NOTICES OF STUART RONDEAU'S SELF DEFENCE SESSIONS FOR LADIES ONLY STARTING JUNE 2023 IN THE PAPWORTH VILLAGE HALL, AGAIN FREE TO ALL WHO ATTEND.

Contact: stuofthe70s@gmail.com 07521 009172







relationships with plants and trees to help them grow.

After their fantastic fundraising efforts towards their sleepover, the Brownies enjoyed a 2-night stay in Newmarket in the Easter

holidays. Set in beautiful ancient woodland, the site was great

for exploring and the girls went on a tree trail of all the huge variety of trees and did a bark rubbing of each. We packed in

**1st Papworth Rainbows** and Brownies



lots of fun chocolate games over the three days, and the girls learnt some excellent crafting skills using knives to whittle wood and make a fairy house. We finished on the last night with a campfire,

we sang lots of songs and toasted marshmallows for s'mores.

Rainbows and Brownies will be holding a Red, White and Blue tombola at the Coronation Papworth family fun day on Sunday 7th May, visit our stall for your chance to win some lovely prizes and support your local Girlguiding units.

SAVE THE DATE! A fun family night not to be missed - Race night 25th November at the village hall.



# Join us for RSPB Hope Farm's Open Farm Sunday

Rainbows and

Brownies held their

joint fundraiser family

prize Bingo night on

25th March where

a total of £470 was

supported the event,

which helps the units

to run throughout the

year and enables the

girls to enjoy some

great experiences.

To celebrate British

March, Rainbows and

Science Week in

raised. Thank you to everyone who



11th June 2023 10am—4pm



Free entry donations welcome to help with costs of the event Scan the QR code to find out more





# PAPWORTH TENNIS CLUB Alicante Cup

On Sunday 16th April 2023 Papworth Tennis Club hosted its traditional curtain raiser event ahead of the Summer season – the Alicante Cup!

Perfect weather conditions attracted a fantastic turnout of 24 players playing a series of mini doubles matches with various partners throughout the day. A point was awarded to each player for every individual game they won and there was a healthy mix of ages and abilities making for some exciting duels from the back of the court and at the net, and even some all-family pairings in a couple of contests

Well done to Tao Yu and Julia Hyde who were the joint winners in the Ladies' category, and to Kamil Kaminski came out on top in the Men's competition.

Club Chairman Paul Dowsett said: "It was great to see all the courts full in the bright sunshine and there was some quality tennis on show and some very close matches. Everybody really enjoyed the day."

The Club would like to thank John Garland for organising and refereeing another brilliant tournament. A big thank you also to Clare Lindsay for preparing a delicious buffet lunch for players and spectators to tuck in to at close of play.

For more information about court booking, membership, social tennis and coaching please visit the website. https://clubspark.lta. org.uk/PapworthTennisClub

For membership enquiries please email John Peal at membership@papworthtennis.co.uk

# PAPWORTH BOWLS CLUB NEW MEMBERS WELCOME

Why not come take a look?

We are always looking for new members to join our friendly club. With no pressure as a member, you can play just for fun, join in with our internal club competitions and play in the Huntingdon & District League if you wish.

Bowls season runs from May to September  $1^{st}$  Year membership / new member £20.00 Juniors up to 25 / full time education £15.00

- - - -

# FANCY GIVING IT A GO?

Secretary: David Richardson – 07419 178817 Chairman: Bryan Johnson – 07985 590130 Treasurer: Ann Rone – 07500 681858





Sing Papworth with Papworth and Elsworth WI Choir

### Summer Concert

Saturday 10<sup>th</sup> June, 7.30pm St Andrew's Church, Caxton

Fourd's Requiem Rodgers and Hommerstein John Rutter Autumn Leaves and more\_1

ickets C3, under 12s three critestiments available (donations praterially accepted) troceeds from lickets and refrestments raising money for the Cambrid ancer Research Hospital.